

Missanabie Cree First Nation Bear Fax

Niska Peesim

Goose Moon

April 2024

www.missanabiecreefn.com

MARCH-APRIL 2024



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- Band Administrator Report

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Happy Earth Day





CHIEF OF MISSANABIE CREE FIRST NATION

Jason Gauthier, BA (Hons)

Watchey,

This winter has been a peculiar one with most of Canada experiencing many seasons in on one week. I hope that everyone is enjoying their spring like weather when it's here. On the business side of things, this month has been very busy with dealing with our company ISN Maskwa. This year has been predicted to be a very dry summer within Canada due to the last of snow in many communities. As the weather changes, we adapt to prepare for upcoming emergency events and prepare for the upcoming fire and flood season.

The Missanabie Cree Business Corporation is thriving and doing well in all the projects that's its involved in. The corporation is preparing for the upcoming gathering to present all its' projects. Our staff are getting use of our new building in Sault Ste. Marie, and we are actively seeking to expand into our hub areas for

affordable housing.

Open band meetings and our annual gathering whether it be Culture Camp, Family Camp, or our Annual Gathering are an important part of our First Nation's well being. Our next open band meeting is May the 4th, 2024 and is an all-day event. It will be both in person for those who live in the Sault Ste. Marie area and for those who don't, we do have an online option via Zoom. I look forward to reporting on our projects and hearing your input. Our open band meeting will have myself, our Councilors, our managers and many more reporting during this event.

In the spirit of community,

MISSANABIE CREE FIRST NATION DEPUTY CHIEF

Jutta Horn

Watchaye MCFN Family and Friends I hope everyone is well and excited that spring is just around the corner. As we prepare to enter a time of renewal, we are very busy getting year-end reporting done, wrapping up projects, and readying ourselves to kick off a new fiscal year. This quarterly report to the membership will highlight some of the activities I have been working on over the last several months. It sure has been a strange winter this year. We had our first green Christmas in more than 25 years and the temperatures remain well above seasonal averages here in the North. Typically, this is a time for

skiing, snowmobiling, and ice fishing for many, although we did not get the snow or freezing temperatures to create the ideal conditions. Climate change is making an impact that is affecting not only our environment but our way of life. Fortunately, we are very aware of these changes and have been working collectively with others in the advancement of preparedness plans, mitigation strategies, and conservation projects to preserve and protect our lands, water, and resources from the impacts of climate change and industry activities.

In my secondary portfolio, lands, and resources, I have been actively involved in numerous L and R workshops, committees, meetings, and assemblies as a participant, observer, and representative of MCFN. I have worked closely with tribal agencies and nations including the Mushkegowuk Council (Treaty 9) and Nishnawbe Aski Nation (49 First Nations) in Emergency Management, Indigenous Workforce Development, Health, and Wellness Forums and I attend Community Events and Annual General Assemblies regularly. In my primary portfolio, economic development, I strive to be informed and involved in our economic development activities. This can be particularly challenging at times, as we are growing so

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rapidly and there are so many moving parts in the corporation and our band operations.

Although they are separate entities, they are intertwined in many ways. Navigating major projects from start to finish is a complex, lengthy, and arduous process, filled with many challenges and setbacks and as a council, we continue to do our best in seeing these projects through to completion. We remain committed to completing the

Evacuation Centre build and the establishment of our first homes on reserve this summer and continue to look for opportunities that will support our community goals and members wherever they may live.

This month we also celebrate the opening of our new band office in Sault Ste. Marie and acknowledge all those who have contributed to the progress made to date in moving our First Nation forward. This achievement is not only a testament to our growth but also our ability to adapt to our changing environments. I look forward to witnessing our growth in the coming years and am excited to see the many new faces it will bring to our organization. Following our Fiscal year-end, we will be preparing for an Open Band Meeting and Annual General Meeting of MCBC which will provide an opportunity for

leadership to present and discuss these projects and initiatives with the membership. In the meantime, I continue to report on all my activities during the biweekly Chief and Council meetings, unfortunately, we have very little membership in attendance during these open meetings which leaves a lot of members uninformed of what is happening in our First Nation. Well, I am excited to announce that we are within weeks of launching our new Missanabie Cree community communications app. Members will be able to access greater information, receive instant notifications of opportunities, events, and activities, and have direct access to people, programs, and services with greater ease and efficiency. I know this will be a huge improvement in our communications with members which has always been a challenge for us and a source of angst for many. I have observed the comments on social media and genuinely believe that this app will help close the communication gap and better inform our members of what is happening in our First Nation. In my Council role, I have attended AFN, NAN, and Mushkegowuk assemblies as either Proxy for the Chief or as Deputy Chief Rep. and at times alongside our community members. I love spending time with our members and those from our neighboring nations. These are the forums that provide us with an opportunity to actively engage with one another and to be a voice in the discussions and

decisions being made that affect all of us. Many of our ongoing projects are collaborative projects that include many communities and Tribal Councils. The National Marine Conservation Project is one of these projects that we are a part of that I think would be of interest to members. Again, I am hopeful you will be able to access all this information from our app once up and running. In other Council business, we continue to meet on a biweekly basis when the need for special meetings arises. We have met with legal counsel, advisors, and consultants on many matters over the last year and I continue to raise many questions and concerns with these representatives and fellow Council members during these discussions. The sheer complexity of many of our projects and prospects can be exceedingly difficult to fully comprehend and I continue to do my best to educate myself and others on these matters before making any decisions. Moving ahead in the coming months, we will be conducting an organizational review and assessment of the current organizational structure of the band office and all external agencies of MCFN. I brought this recommendation to the council because I recognized that our needs are changing, living circumstances are changing and our First Nation is growing so quickly. We are

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branching into many new areas that will require additional capacity and we will have to accommodate for this growth. There are many overlaps in our activities that can involve many departments and people. To ensure we remain effective in carrying out our roles and responsibilities we will go through a facilitated process to identify and correct any deficiencies in our current structure and streamline our operations to improve our existing level of program and service delivery to better serve our growing community and membership needs. I am excited to get this started and look forward to some positive changes. I have also asked the Council to consider revisiting the Chief and Council Policy and conducting a thorough review of our current policies as many have been newly created, amended, or remain a work in progress. We have agreed to set a date to conduct this review and committed to following up with a strategic planning session in the coming months. Many important things are happening in our First Nation and I strongly encourage members to get out, get involved, speak up, and get informed. I am eager to see big changes this year and looking forward to seeing many more community members participating in the advancement of all our nation-building aspirations.

BAND ADMINISTRATOR

Shereena Campbell

Greetings,
Was great to see everyone that was able to attend the Grand Opening. It was great to open the doors and provide a tour for our members to check out the new space. We look forward to having more events in the new Sault Ste Marie space and increasing our capacity to meet the needs of the members.

We have completed the Programs and Services Guideline and it is available on the website and in this edition of the Bearfax. This guideline provides information to the membership on the programs and services that MCFN provides and information on how to access, what is required and who the contact is for these items. I would like to Welcome Rick DiCorpo as our Elder Care Worker. Rick brings experience in the working with Elders and Mental Health programs, he will be a great resource for the community. A warm welcome also goes out to Mercedes Gilbert as our Community Nurse. Mercedes brings a passion for implementing programs and services geared towards our membership needs and will be a great asset to the Team. Last, but not least a warm welcome this month to Chelsie Parayko who will be joining our Team as a Housing Manager. Chelsie brings her education in community development and a core value to see the members living on traditional homelands.

This month of March, there are many March Break Camp activities

including March break attendance at LilNHL. There are activities happening in Sudbury, Thunder Bay and Sault Ste. Marie and Virtually. Please check the hub calendars and Facebook for updates on these events

This month I will be working with finance on setting budgets and reviewing the 23.25 fiscal funding as well as program funding application.

I would like to wish all our community members a happy new month and a happy equinox. I Hope you all had a wonderful Easter break celebration

BAND ADMINISTRATIVE ASSISTANT

Amber Lacrosse

Although it was a mild winter, I am glad to see spring is here and the sun setting later in the evening! I hope everyone had a happy easter and/or long weekend, had some good treats and time with family and friends.

After attending the AFOA Conference, I have some insights like the inevitability of remote/hybrid work in a post pandemic world, the importance of cultural safety in healthcare, wellness reminders & ideas, knowledge about upcoming legislation, and ideas for next year's conference.

This month, I will be assisting Shereena with the

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documentation of contract renewals and working on my first quarter work plan.

We have welcomed aboard new additions to the Family Services team: Mercedes as Nurse, and Rick as Elder Care Coordinator. I am excited to have them with us (acquiring talent can be a long process!) and grateful that we have office spaces for them. Coming up we are looking for a new Timmins Hub Coordinator and a Lands & Waters Guardian, so if you are interested, have a peak at the job posting and we would welcome your application.

ELDER CARE WORKER

Rick DiCarpo

“Aaniin”- Good day my name is Rick DiCorpo, I am the new **Elder Care Coordinator** for the Missanabie Cree First Nation. I'm grateful for this opportunity and looking forward to meeting and supporting our Elders in a collaborative health team approach.

I have been Manager in Social Services for over 30 years supporting teams in delivery of person-centered approaches, providing culturally supportive services, advocating for people's rights and supporting individuals mental health.

I've also have had the opportunity to work in Long Term Care in Soo Michigan as the Director of Social Service, where I lead my team in

supporting senior care services, individual/family support, crisis support and psychosocial intervention counselling.

As previously mentioned, I'm honored to a part of the Missanabie Cree First Nation team and look forward to meeting everyone. Please feel free to contact anytime, my door is always open.

rdicorpo@missanabiecree.com
ext 233

COMMUNITY NURSE

Mercedes Gilbert

Anii, I am the community nurse for Missanabie Cree First Nation. I am a member of Aundeck Omni Kaning First Nation on Turtle Island. I am originally from Sudbury Ontario and grew up in the unorganized township of Estaire Ontario.

I'm what people call a “life long student”. I graduated from practical nursing at Sault college in June of 2023. I also graduated from the Personal Support Worker program at Cambrian College in August 2021 and chemical engineering technology lab and process control at Cambrian College August 2018.

I have always wanted to work with First Nation communities as I have wanted to help other First Nation communities like I have been helped through my schooling. I also have a lot of passion for the issues First Nation peoples face. I am glad that Missanabie Cree has given me the opportunity to work as your community nurse.

I look forward to meeting you, feel free to contact me at:

Phone: [\(705\) 254-2702](tel:(705)254-2702) ext. 223

Email:

mgilbert@missanabiecree.com



LANDS AND RESOURCES DIRECTOR

Tess Sullivan

The Lands and Resources Department has been busy from the start of the New Year 2024!

We attended Wahkohtowin's Lands Symposium at the end of January, where Missanabie Cree First Nation was gifted the star blanket of Prosperity

(Milâpamewisîwin). Cheryl MacCumber was there to receive the blanket on behalf of Missanabie Cree, and she is taking care of it until she travels down to Sault Ste. Marie to bring it to the Band Office. Meegwetch Cheryl!

Stephen Hawkins is poised to present the draft recommendations of the Energy Feasibility Study to source heat and hydro on reserve to both the

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Resettlement Committee and the Chief and Council before March. Tetyron Hourtovenko successfully orchestrated and facilitated his first in person fiscal year-end Mining Conference in Sault Ste. Marie on February 13, 2024, and before the end of February the Firelight group will be interviewing members about the cumulative impacts from mining in the Traditional Territories. Great Work Team!

The Lands Department has many projects that are being planned for in 2024 and we are excited to work with the community, collaborate on projects to build the reserve community and demonstrate strategic efforts to protect the lands, waters and all the relations!

Stay tuned for more updates in the Bearfax!

LAND AND RESOURCES ADMINISTRATIVE ASSISTANT

Brie Nemeth

Feb20th -23rd

2024 as part of the

Mushkegowuk Conservation project Tess who sits on the task force team and Brie who is the MRA for Missanabie went up to Kasheshwen First Nation for an announcement regarding the completion of the feasibility study. They met with individuals

from Parks Canada, Government Officials, various scientists that are apart of the project along with National Geographic that were interviewing individuals for a documentary that will be coming out in November of 2024. The first phase of the project is focusing on Marine/Water protection, conservation and in the future the shift will include a terrestrial component. This project aims to bring Indigenous Lead Conservation to all communities of Treaty 9 Territory. There was a lot of in-depth conversations within the community, elders, and ceremonial lodge conductors on the importance of making sure our Inherent Treaty Rights are protected and we are not being hoodwinked into a deal so that way the government can exploit more resources within our lands. It's a pivotal project that can be very helpful especially in respects to climate change, but we must

make sure that we include our ceremonies and original instructions and traditional ways when making significant decisions like this. As it not only affects us currently but the seven generations to come. Stay tuned for more updates as the project unfolds.

MINERAL DEVELOPMENT ADVISOR

Ty Hourtovenko

I trust that you're currently enjoying the delightful spring weather and embracing the new growth that comes with the changing seasons. As your acting Mineral Development Advisor, I'm pleased to report that February and March have been immensely productive. We recently hosted a Community Mining Event on February 13, which was a great

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Bismuth – is a brittle post-transition metal that is silvery white on fresh surface, but often, surface oxidation creates numerous iridescent characteristics. Bismuth is the heaviest heavy metal and the only non-toxic one. Bismuth occurs in Ontario as both primary and secondary commodities.



Bismutite is a bismuth carbonate mineral and is one of the main sources of bismuth.

Geological Environment and Sources: In Ontario, bismuth occurs generally in association with lead and forms in five-element veins (silver-cobalt-nickel-bismuth-arsenic).

Host Minerals: Bismuth is found in Ontario mainly as bismutite and bismuthinite.

Total World Production 2021: Worldwide production of bismuth in 2021 was approximately 19,000 tonnes.

Notable Ontario Localities: Bismuth occurs in association with the silver ores that were mined historically in the Cobalt and Gowganda areas.

How Is Bismuth Used?

Bismuth is used in cosmetic, industrial, laboratory, and pharmaceutical applications, and metallurgical applications (non-toxic lead replacement, specialized bismuth alloys).



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success in reaching community members who are not able to participate in regular meetings with proponents. Additionally, we held an internal Q&A community information session on February 28 where community members were given a chance to discuss mining news, environmental concerns, protection methods, and most importantly, how to engage more members and foster an interactive online environment. Although community presence was limited, we have plans to meet frequently and advertise on our many digital platforms to encourage further participation in upcoming mining sessions. Stay tuned!

I would like to remind you that The Firelight Group is the largest indigenous-owned consulting firm in Canada, whose services have been acquired by MCFN to support our First Nation's concerns for cumulative impacts. We have completed the first phase of the interview process for selected members here in the Sault as well as in Wawa. The next steps include working

groups where our community can gather virtually and provide brainstorming and information that could greatly benefit the results of the final report. I encourage our members to join us and start brainstorming and gathering their thoughts before attending these events. Please watch for advertisements on your local hubs, Bearfax, and social media platforms, and feel free to contact me at any time for further information.

This month's Critical Mineral is Bismuth, so let's get down to Bismuth!

Bismuth (Bi), **the most metallic and the least abundant of the elements in the nitrogen group** (Group 15 [Va] of the periodic table). Bismuth is hard, brittle, lustrous, and coarsely crystalline. It can be distinguished from all other metals by its colour—gray-white with a reddish tinge.

Bismuth evidently was known in very early times since it occurs in the native state as well as in compounds. For a long period, however, it was not clearly

recognized as a separate metal, having been confused with such metals as lead, antimony, and tin. Miners during the Middle Ages apparently believed bismuth to be a stage in the development of silver from baser metals and were dismayed when they uncovered a vein of the metal thinking they had interrupted the process.

It occurs both native and in compounds. In the native state, it is found in veins associated with lead, zinc, tin, and silver ores in Bolivia, Canada, England, and Germany. Bismuth is thus a useful component of type-metal alloys, which make neat, clean castings; and it is an important ingredient of low-melting alloys, called fusible alloys, which have a large variety of applications, especially in fire-detection equipment. Small concentrations of bismuth improve the machinability of aluminum, steel, stainless steels, and other alloys and suppress the separation of graphite from malleable cast iron.

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MCBC MANAGER

Joe Tom Sayers BA (Hons) MPA

Emergency Management/ISN Maskwa - We have been meeting regularly with ISC to sort out the expenses for various ISN Maskwa activities, including evacuations, training programs, winter road security checkpoints (MooseCree) and community wellness deployments. MCBLP is working with MCFN administration to ensure a smooth review of the costs and timely payments. We have been asked by the Assembly of Manitoba Chiefs to work with their communities to address the opioid epidemic and we are planning to meet in person in March.

We met with the Mayor of Timmins and her team to answer any concerns they may have about ISN Maskwa providing evacuation services to Kashechewan First Nation in April 2024. We are working on a cooperation agreement with the Town and MCFN.

MCBLP Website - Please be advised that our website will be put on hold while we rework the

site, adding updated information on our Board and team.

140 Merton Street Elders Housing Project - Design and the site plan work is continuing, and we are waiting for CMHC to complete their review of our loan application and sign off on a Letter of Intent. Also, we applied to the new NICHI housing fund for this project and should hear anytime soon.

Belleville Housing Project - A formal announcement was made on this project with Charles Souza from the federal government congratulating MCFN, Garden River First Nation, the Mohawks Bay of Quinte and Summers and Co. on the completion of the Project. Indigenous tenants are now being selected for the 38 units.

Müigwech

MCBC EXECUTIVE ASSISTANT

Brittany Maclean

Greetings MCFN Community! It's amazing how quickly April has arrived, isn't it? This time of the year always seems to pass by so swiftly. In March, I had the opportunity to attend the PDAC Mining conference in Toronto. At the event, I connected with our mining and joint venture partners and also attended informative sessions on the future of mining. Such events help me enhance my performance by keeping me engaged and informed about the mining industry's developments. Following PDAC, I attended an event with Toronto Hub

Coordinator Vanessa Manan and the Firehood. We learned about pioneering women's business startups in Canada. Last year, MCBC took two young community members to the Firehood Girls Tech Summit. If you're interested in potentially joining future Firehood events, feel free to reach out to me directly at bmaclean@missanabiecree.com

MCBC BOOKEEPER

Tanya Maitland

Hello Everyone!

There is not to much to report on my end other than I have spent some time this month following up with Partner payments and have received many of them. Our year end is approaching March 31st and I have been spending a lot of time tying up loose ends and making sure that all payments are accounted for and bills paid.

I hope everyone has a super great & safe Easter Weekend with friends & family!

COMMUNITY BENEFIT AGREEMENT COORDINATOR

Hannah Caicco

Hello Missanabie Members, and I hope everyone is doing well!

This month I have been keeping up with the mine sites creating follow-up CBA reports and keeping up-to-date on all

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future opportunities. This allows us to discuss employment opportunities, upcoming RFPs, community events, and joint venture partnerships. Each month we work closely with the mines and I provide monthly reporting and JV updates each month. We have also been working to support MCFN businesses and members to create new and lasting opportunities.

I have also been working with different joint venture partners to help them find opportunities and ways to support the community.

Finally, I have been working closely with the team on wellness activities and community engagement projects and collaborating with our partners to increase opportunities!



HUBS CORNER

THUNDER BAY HUB

DEB EWING

This sure has been a mild winter and transition to spring. I feel bad for the forests, water tables, etc. because this El Nino is causing milder temperatures than normal. Who says there is no such thing as climate change.

We have been busy in Thunder Bay. I was a little disappointed that during the March Break no one attended the office for Crafts Day or Movie Day. We did, however, have 4 people here for the Games Day. Jackson Decorte won the Door Prize of \$25.00 Gift Card to Tim's. We had Family 10 Pin Bowling on March 2 which was very well received. Pictures are posted on the Thunder Bay Webpage. This Saturday, March 16, we will have Adult Only Bingo Bowling. I am expecting a great turnout as well. Again, pictures will be posted.

For April we have Adult Only Golf at On the Links. This will be held on April 20 from 4 to 7:00 pm. On April 27, we will be having a Family Swim Day at Churchill Pool from 3:30 to 5:30 pm. Both these events require registration. Posters will be posted on the webpage. Refreshments will be served at both events and there are Door Prizes to be won.

We will continue with our Cree Classes, Elder's Tea, Youth Drop In, and Drum Group. Please look for the April Calendar to be posted on the Webpage stating dates and times.

SUDBURY HUB

NATASHA BERGERON

I hope everyone had a great March break. In the Sudbury Hub we had our March break camp for our members. I planned a week of festivities. We went to the Kids Ultimate Play Place, Laser Tag, movies, Urban Air, and a paint event. Many members participated with their children. The turnout was great. Miigwetch to everyone that participated. In March I also did Easter baskets for the youth in the area. Brad Nolan is doing a guessing game for an Easter prize as part of outreach to our out-of-town members with no hubs in their area.

I am currently working on a potluck and in person bingo for our community members. The date of our event is April 27, 2024, at Rosemary playground in Sudbury Ontario. Deadline to register is April 15th, 2024. I hope we will have an amazing turn out for this event.

For June or July, I am looking at organizing a P.A.L course for our members. The requirement to proceed with the course is a minimum of 12 people registered. Maximum of 24 people. Please send all interested to Sudbury@missanabiecree.com or comment all names that are interested in the Facebook post on our hub page.
(Missanabie Cree Sudbury Hub)

Miigwetch

HUBS CORNER

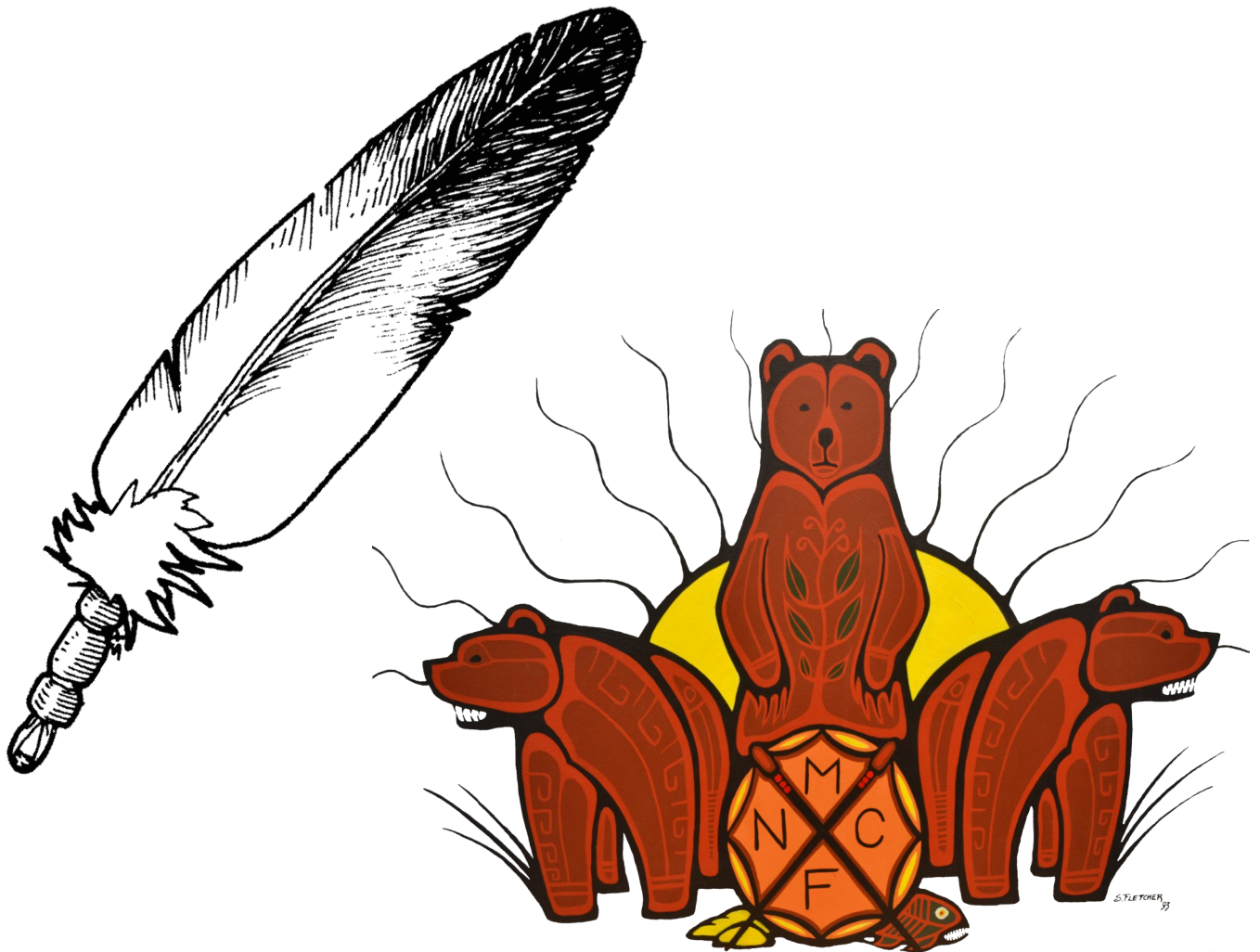
Toronto HUB

Vanessa Mahan

Hi Everyone,

The Toronto Hub will be having our first annual spring equinox potluck. It will be held at the Native Canadian Center Toronto (NCCT) from 2PM – 5PM . This is a pot luck so bring in a dish to share. Also, I would like to extend the gathering to other members **IF YOU ARE IN THE TORONTO AREA**, please come by and hang out with us for the afternoon. (**NO** milage coverage **OR** hotel stay for out of town-ers) MCFN will be covering the drinks, plates, cutlery and door prizes, registration forms will be sent out shortly.

Look forward to seeing you all again,





Missanabie Cree First Nations Potluck – Bingo

APRIL 27TH 2024

Let's come together and enjoy everyone's favourite dishes!

Playing bingo, enjoying food and company!

1297 GARY AVE, SUDBURY, ONTARO

ROSEMARY PARK

APRIL 27TH 2024 FROM 3:00PM – COMPLETE

***MUST BE PRESENT FOR PARTICIPATION DRAWS!**

REGISTER BY APRIL 15TH 2024*



Missanabie Cree First Nation



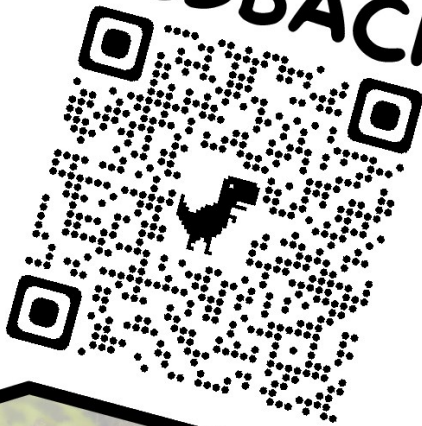


Community Biomass Energy Opportunities Survey

MISSANABIE CREE FIRST NATION

Missanabie is requesting your involvement in a survey to gather feedback on the economic development direction for the Community. To complete the survey please [click this link](https://www.surveymonkey.com/r/TJ766LB), go to <https://www.surveymonkey.com/r/TJ766LB>, or scan the QR code!

WE NEED YOUR FEEDBACK!



Completing the survey will enter you in a draw for a chance to win a 64 GB, 10th Generation iPad!

THANK YOU FOR YOUR PARTICIPATION!





Self-Care To-Do List



Taking care of yourself is the kindest thing you can do



Read a book.
(I suggest Anne of Green Gables)



Reconnect with someone you **ADORE**.



Journal or write about your feelings

Rest

- Nap
- sleep early
- Take a break



Get creative.
paint, draw,
use your talent.

Do something that physically makes you feel **good**.

- ♥ Ask yourself:
- ♥ What do I need?

pet or cuddle a furry thing

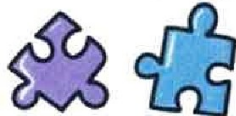


Get outside.
Soak in sun, rain, & wind



Drink your water!!!

Get back into your hobbies!
(puzzles are SO relaxing!)



plan a movie night or binge watch something on netflix

Have a cup of tea or cocoa.
(bonus points if it's with a book!)



There's tons more on BlessingManifesting.com

Suicidal Thoughts/Ideation

Signs and Symptoms

- Feelings of hopelessness
-
- Feeling extreme emotional pain
-
- Feeling severe remorse
-
- Feelings of shame and/or guilt
-
- Mental health declines i.e. depression, increased panic attacks, unable to concentrate
-
- Loss of joy/happiness with life
-
- Mood swings
-
- Isolates self from family, friends, community
-
- Engages in risky behaviour, increased substance use, careless driving
-
- Preoccupied with violence, dying and death
-
- Changes in personality, routine(s), sleeping patterns
-
- Talking about getting revenge
-
- Talking about being a burden to others
-
- Giving away belongings
-
- Saying bye as though it will be the last time

How you can help

For detailed guidelines on how to identify and help someone who is suicidal, see “Suicidal Thoughts and Behaviours: First Aid Guidelines” (link below at Mental Health First Aid).

- Know the signs and signals.
- If you have concerns, ask if they are thinking about suicide (see Note below). *It’s a myth that talking about suicide will “give someone ideas.” It won’t. If anything, it will show them they are not alone, that you care and you want to know how to help.*
- Always listen carefully. *Take concerns seriously.* Let them do most of the talking.
- **Don’t pass judgment.**
- Avoid simplistic advice like “Cheer up.” Instead, let them know they’re important and you want them to live. Tell them directly: “You are really important to me and I don’t want you to die.”
- **Let them know you are there for them.** They are most likely feeling alone, alienated and unwanted.
- **Ask how you can help.** Trust is very important so only promise things you can actually do — but make sure they know you will help them to get help.
- *You can’t do it all, but you can help your friend or relative get the help they need.* If you are a young person yourself, tell a trusted adult about your concerns as soon as possible, even if you must break a promise of secrecy.
- **Call a crisis line yourself** to discuss options for your friend or relative.

Note: If someone considering suicide already has *a suicide plan and the means to carry it out*, **don’t leave them alone.** Treat the situation as an emergency (see Finding Help below). Call a crisis line. Stay with them until crisis workers or other emergency workers are there to help.

Finding help

If you, or someone you know, are in crisis and considering suicide, don’t wait. Call someone who can help.

CONTACT US

Phone: [1-844-NAN-HOPE](tel:1-844-NAN-HOPE)

Text: [1-844-626-4673](tel:1-844-626-4673)

Email: info@nanhope.ca

Fax: [1-226-314-1218](tel:1-226-314-1218)

Contact a helpline

ConnexOntario

1-866-531-2600

<https://www.connexontario.ca/>

Free and confidential health services information for people experiencing problems with alcohol and drugs, mental illness or gambling.

Kids Help Phone

1-800-668-6868

<http://www.kidshelpphone.ca>

Free, anonymous and confidential professional phone counselling and online counselling, available 24/7 for kids and youth 20 years of age and younger.

Ontario Distress Centres

<http://www.dcontario.org/centres.html>

Free, confidential support and information. Visit the website for a phone contact in your area. Hours of operation vary, but most answer calls around the clock.

Go to your nearest hospital emergency department

Call 911

If this is not a crisis, you can find services close to home by searching the **Ontario Health Care Options** directory.

More information

Aboriginal resources

Honouring Life Network – Aboriginal Youth Suicide Prevention Resources

<http://www.honouringlife.ca>

A website produced by the National Aboriginal Health Organization (NAHO) to provide “culturally relevant information and resources on suicide prevention to help Aboriginal youth and youth workers dealing with a problem that has reached crisis proportions in some First Nations, Inuit and Metis communities in Canada.”

Za-geh-do-win Information Clearinghouse

<http://www.za-geh-do-win.com>

Za-geh-do-win Information Clearinghouse “researches, collects, catalogues, and distributes culturally relevant resources” for aboriginal communities across Ontario. Includes *The Key – Aboriginal Mental Health Services/Support Directory* for resources and services. The website focuses on issues of health, healing and family violence.

LGBTQ Youth Line

<http://www.youthline.ca/>

A toll-free Ontario-wide peer-support phone line for LGBTQ young people.

The Trevor Project (US)

<http://www.thetrevorproject.org>

A national U.S.-based site committed to crisis intervention and suicide prevention for LGBTQ youth.

General resources**Canadian Association for Suicide Prevention**

<http://suicideprevention.ca>

Ontario Suicide Prevention Network

<http://www.ontariosuicidepreventionnetwork.ca>

Mental Health First Aid

Suicidal Thoughts and Behaviours: First Aid Guidelines

http://www.mentalhealthfirstaid.ca/EN/resources/Documents/MHFA_suicide_guidelines.pdf

Kids Help Phone

<http://www.kidshelpphone.ca/Teens/InfoBooth/Emotional-Health/Suicide.aspx>

Youth friendly information, links and tips on what to do to help yourself or a friend.

Teen Mental Health (NS)

<http://teenmentalhealth.org/for-families-and-teens/suicide/>

Information and resources including several downloadable booklets such as Are You Coping with Suicidal Thoughts? and Have You Lost Someone to Suicide?

Centre for Applied Research in Mental Health and Addiction (BC)

Coping with Suicidal Thoughts: A Resource for Patients

<http://www.sfu.ca/carmha/publications/coping-with-suicidal-thoughts.html>

Here to Help (BC)

What is suicide?

<http://www.heretohelp.bc.ca/factsheet/what-is-suicide>

A general guide in plain language prepared by the Canadian Mental Health Association, BC Division.

Resources for Parents**Children's Hospital of Eastern Ontario**

Suicide

<http://www.cheo.on.ca/en/suicideinfo>

Information and specific guidance for parents on what to do if your child is at risk for suicide.

ementalhealth.ca

Suicide in Children and Youth: Guide for Parents

<http://www.ementalhealth.ca/Toronto/Suicide-in-Children-and-Youth-Guide-for-Parents/index.php?m=article&ID=8896>



Financial Literacy for Indigenous Peoples

We are pleased to announce a complete financial literacy learning series presented by RBC. Join us for one module or all for a complete learning experience. We will show you how to earn an impressive Financial Literacy Certificate after completing all eight modules.

Each event will be presented at 11:00am EST

Module One:	February 13 th	Introduction Event
Module Two:	February 27 th	Budgeting and Saving
Module Three:	March 26 th	Your Money Today and Tomorrow
Module Four:	April 30 th	Understanding Debt and Borrowing
Module Five:	May 21 st	Art of Investing
Module Six:	June 26 th	Retirement Planning
Module Seven:	July 23 rd	Realities of Real Estate
Module Eight:	August 27 th	Behavioral Finance

FORM FOUND ON NEXT PAGE



RECREATION AND ACTIVITIES



The MCFN Recreation and Activity Policy has been approved by Chief and Council.

MCFN Community members can receive up to \$1500/year for organized sport or recreational programs



The full policy is available on the 'Members Only' section of the website. For addition eligibility details please read the policy.

ELIGIBLE COSTS INCLUDE BUT ARE NOT LIMITED TO:

- REGISTRATION FEES
- MEMBERSHIP FEES
- EQUIPMENT SUCH AS UNIFORM, FOOTWEAR, SAFETY GEAR, ETC.

FOR INQUIRIES ON THIS PROGRAM

**PLEASE CONTACT LESLEY GAGNON:
LGAGNON@MISSANABIECREE.COM**



missanabiecreefn.com

Form 1

Recreation, Activities, & Sponsorship Policy

Page 1 of 3

Missanabie Cree First Nation Recreation/ Activity /Sponsorship Request Form

SECTION 1: Applicant Details	
(Please note, the applicant is the person who will be enrolled in the activity)	
First Name	
Last Name	
Date of Birth	
Band Number (please provide the applicants registered number with Missanabie Cree First Nation or the band they are registered under, if the applicant does not have a band number, please provide the parents #, if the parent does not have a band # please state the reason why)	
Band Name	
Parent(s) / Guardian Name(s) (if applying for a child)	

Applicant Address & Contact Information	
Street Address	
City / Town	
Postal Code / Zip Code	
Province / State	
Country	
Phone Number	
Email	

Page 2 of 3

SECTION 2: Parent or Guardian Address & Contact Information (if applicable)

The applicant's address is the same and the guardian / parent		Yes / No (if yes, then skip to section 3)	
Street Address			
City / Town			
Postal Code / Zip Code			
Province / State		Country	
Phone Number			
Email			

SECTION 3: Activity / Recreation / Sponsorship Details

Name of Activity / Recreation			
Description of Activity / Recreation			
Name of Organization			
Address of Organization			
Contact Person			
Contact Phone #			
Email of Organization			
Date(s) of Activity			
Duration of Activity (eg. January to March 2023)			

SECTION 4: Proposed Costs & Financing			
Costs <small>(please attach quote, print out of activity costs, or bill and attach to this application)</small>			
Have you received funding assistance from other sources? <small>(Please Check One)</small>	Yes _____	No _____	
If Yes, please provide date and amount received			
Name of organization funds received from			
Please Note: Funding may be provided upon approval for up to \$1500.00 CAD per Individual, per funding year and is subject to change. For Sponsorship, please fill out this form and staff will forward the request to Chief and Council for consideration. If your activity or recreation exceeds the \$1500.00 CAD amount allotted, your request will be submitted to Chief and Council for consideration.			

SECTION 5: Liability and Consent			
The information in this application is true to the best of my knowledge	Yes / No		
I give Missanabie Cree First Nation permission to contact the First Nation my child is registered to for information regarding services accessed in relation to activities and recreation. <small>(please note that marking no could result in delays in funding)</small>	Yes / No		
I understand and agree that while Missanabie Cree First Nation is providing funding for recreations and activities, I will not hold Missanabie Cree First Nation responsible, nor will I take legal action under any circumstance (i.e., injury etc.).	Yes / No		
Name			
Signature		Date	

FOR OFFICE PURPOSES ONLY				
Approved	Yes / No	Amount		Signature

JOB POSTING**Island View Camp/Dog Lake Assistance Summer students (2)****Contract Start Dates: May 31 2024 & June 29 2024****End Date: August 31 2024****Wage rate: \$ 20.00 per hour****Goals:**

- To learn about the resort business as well as customer service.

Requirements:

- In school & returning to school (proof required along with resume)
- Preferably a driver's license
- Good communication skills & can follow direction
- Member of a Nation under Mushkegowuk Council (such as Missanabie Cree)
- Be willing to provide a CPIC

Duties:

- Cleaning cabins (dusting, making beds, mopping floors, sweeping, laundry, etc)
- Wood (chopping wood and delivering to cabins)
- Gardens (weeding, watering, filling water containers)
- Assist with Customer Service in the area of store purchases, serving gas, etc
- Grass cutting and lawn maintenance (use of a lawn mower, weed wacker, & pruning shears)
- Cultural activities - participate in a variety of tasks at workshops at the camp as directed by management

Deadline to apply: May 1, 2024 & June 1, 2024

Please send cover letter, resume and three (3) references to

Attention: June Markie

Re: Camp Summer Student Position

jmarkie@missanabiecree.com

JOB POSTING**Missanabie Cree Summer students (2)****Contract Start Dates: May 31 2024 & June 29 2024****End Date: August 31 2024****Wage rate: \$ 16.00 per hour****Goals:**

- To learn about working in a First Nation organization.

Requirements:

- In school & returning to school (proof required along with resume).
- Preferably a driver's license
- Good communication skills & and can follow direction
- Member of a Nation under Mushkegowuk Council (such as Missanabie Cree)
- Be willing to provide a CPIC

Duties:

- Learning to assist with customer services (assisting with phones, faxes, mail logging)
- Learning how to organize/plan a program and follow through
- Record and maintain status
- Assist members with requests (e.g. food bank, accessing services from other organizations in a variety of areas, presentation registrations)
- Develop an up-to-date booklet of resources in the area for social, forestry, & economic development
- Attend culturally based activities as directed by management

Deadline to apply: May 1, 2024 & June 1, 2024

Please send cover letter, resume and three (3) references to

Attention: June Markie

Re: Summer Student Position

jmarkie@missanabiecree.com

JOB POSTING

COMMUNITY HUB WORKER

Deadline: Until Filled

REPORTS TO: FAMILY SERVICES SUPERVISOR

PART-TIME/CONTRACT

SUMMARY:

Missanabie Cree First Nation is looking for a **Community Hub Worker** in Timmins, Ontario. The Community Hub Worker will be providing support services to the Missanabie Cree living in the Timmins area. The Part-Time Hub Worker will also be responsible for working in conjunction with the Family Services team to develop and implement programs and activities and will be responsible for a variety of administrative tasks.

QUALIFICATIONS:

Preferred diploma in Social Services or equivalent, or experience in community outreach, program delivery and co-ordination of events and activities.

The successful candidate should possess the following skills and criteria:

- Knowledge and understanding of the unique demographics of Missanabie Cree community
- Able to work remotely
- Able to create monthly workplans
- Able to manage budgets and submit receipts
- Flexibility to work occasional evenings and weekends
- Be knowledgeable of Microsoft programs such as outlook, excel, Microsoft word, Publisher and Microsoft Teams
- Be willing to provide a CPIC with VSC
- Class "G" Drivers' License

DUTIES/REQUIREMENTS:

- Manage monthly/annual budgets program funding
- Keep demographic lists of community members, with updated contact information
- Advocate, connect, guide and refer families and individuals to community-based internal and external support services
- Create digital event posters
- Answer phone calls, respond to emails, scan documents, and provide regular updates to the Family Services Supervisor
- Organize, facilitate, and deliver programming, such as:
 - healthy living education
 - cultural programming
 - land-based activities
 - prevention programs
 - anti-violence prevention program
 - program that promote family unity
 - healthy snack program
- Develop a list of local resources for support services in hub areas
- Other duties as required

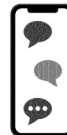
To apply for this position, please drop off your cover letter, resume and three (3) references:

By email to: jmarkie@missanabiecree.com

By Fax: 705-254-3292 (Attention: June Markie)



NAN HOPE



Nishnawbe Aski Mental Health and Addictions Support Access Program

We're here for you 24/7

1-844-NAN-HOPE
(1-844-626-4673)

The Nishnawbe Aski Mental Health Wellness Support Access Program (NAN Hope) provides community-driven, culturally appropriate and timely mental health and addictions support to members of the 49 First Nations communities in Nishnawbe Aski region.

This First Nation-led program is in response to the specific mental health needs of community members in northern Ontario, offering a central access point to mental health and addictions support.

Program Services:



Navigation to mental health and addictions support services



Rapid access to clinical and mental health counselling



24/7 toll-free rapid access to confidential crisis services

Phone | Text* | Chat*

www.nanhope.ca

*Text and Live Chat support are available Monday through Friday: 8:00am - 12:00am ET and Saturday and Sunday: 10:00am - 11:00pm ET.

Need a Helpline?

Toll Free Helplines for Northern Ontario

- Children
- Youth
- Adults



Support & Information Lines

- Kids Help Phone
☎ 1.800.668.6868
🕒 24 Hours
- Operation Come Home
☎ 1.800.668.4663
🕒 8am - 4pm EST (Mon-Fri)
- MissingKids.ca
☎ 1.800.KID.TIPS
☎ 1.800.543.8477
- Assaulted Women's Helpline
☎ 1.866.863.7868
TTY
☎ 1.866.863.7868
- Victim Support Line
☎ 1.888.579.2888
🕒 24 Hours
- Senior Safety Line
☎ 1.866.299.1011
- Good2Talk (Post Secondary Helpline)
☎ 1.866.925.5454
- LGBT Youth Line
☎ 1.800.268.9688

211

When you don't know where to turn

Connects you to health, community, government & social services.
🕒 24 Hours

Mental Health & Addictions

- First Nations & Inuit Hope for Wellness Line
☎ 1.855.242.3310
🕒 24 Hours
- Mental Health Service Information Ontario
☎ 1.866.531.2600
🕒 24 Hours
- Drug & Alcohol Information Line
☎ 1.800.565.8603
🕒 24 Hours
- Ontario Problem Gambling Helpline
☎ 1.888.230.3505
🕒 24 Hours
- Al-Anon - Alateen
☎ 1.888.425.2666
🕒 8am - 6pm EST (Mon-Fri)
- Talk4Healing
☎ 1.855.554.HEAL (4325)

Health

- AIDS & Sexual Health Information Line
☎ 1.800.668.2437
🕒 10am - 10:30am EST (Mon-Fri)
🕒 11am - 3pm EST (Sat & Sun)
- Telehealth Ontario (Health Information Line)
☎ 1.866.797.0000
🕒 24 Hours

Toll Free | Confidential | Anonymous

Community News, Notes, & Stories

I want to wish my son Corey Happy 52nd Birthday

Love you so much my son.

Love Mom, forever.

A Big happy Birthday to my niece Lorraine

Love Auntie, June

Happy Birthday to my Great Great nieces

Alysha and Lyric

Love, Auntie June

I also Like to Wish my Niece Bonnie

Happy Birthday,

Love Auntie, June

I would like to wish, all born in April

A Very Happy Birthday in case I missed someone.

From the Desk of,

June Markie

March Birthdays

March 7 Happy Birthday Brock love Auntie Deb

Happy Birthday Brock love the Fletcher Family

March 10 Happy Birthday Dolly love Auntie Deb

Happy Birthday Katelyn love the Fletcher Family

March 25 Happy Birthday Mom (Haze) love Deb

Happy Birthday Mom love the Fletcher Family

March 29 Happy Birthday Jimmy love Auntie Deb

Happy Birthday Jimmy love the Fletcher Family

March 6: Love to Dad in Heaven on this Special Day, your Birthday. Hope you are keeping everyone happy playing the fiddle. Keep them dancing.

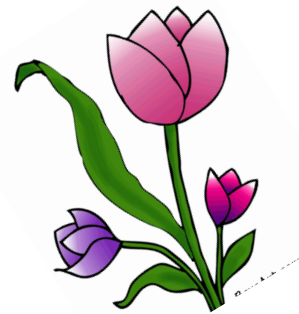
APRIL BIRTHDAYS

Happy Birthday to Neil Ewing love the Fletcher Family

Happy Birthday to my son, Neil Ewing, love Mom

Happy Birthday to Jackson Decorte, love the Fletcher Family

Happy Birthday to my nephew Jackson Decorte, love Aunt- ie Deb-



PLEASE EMAIL

BEAFAX@MISSANABIECREE.COM

Share Your

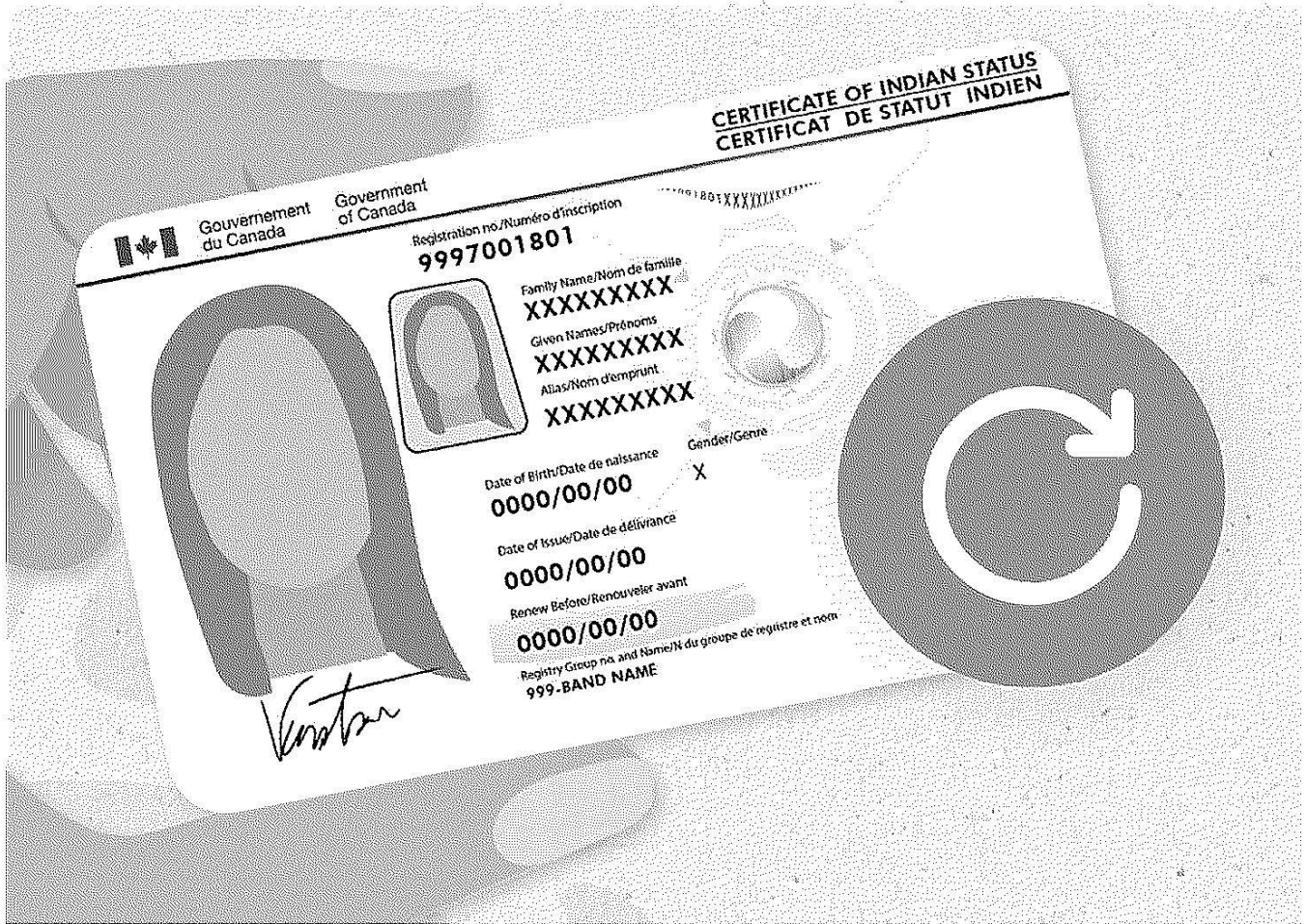
Stories &

Accomplishments

Happy Earth Day



Status Card Renewal



Has your status card expired? Looking to renew?

Renewing your status card makes it easier to access programs and services.

Take your own photo when applying for a status card and submit it straight from your smart phone free of charge using the SCIS Photo App. Submit your application through the mail, or by visiting any regional or First Nation office.

Renewal processing take 8-12 weeks, so don't delay, renew today!

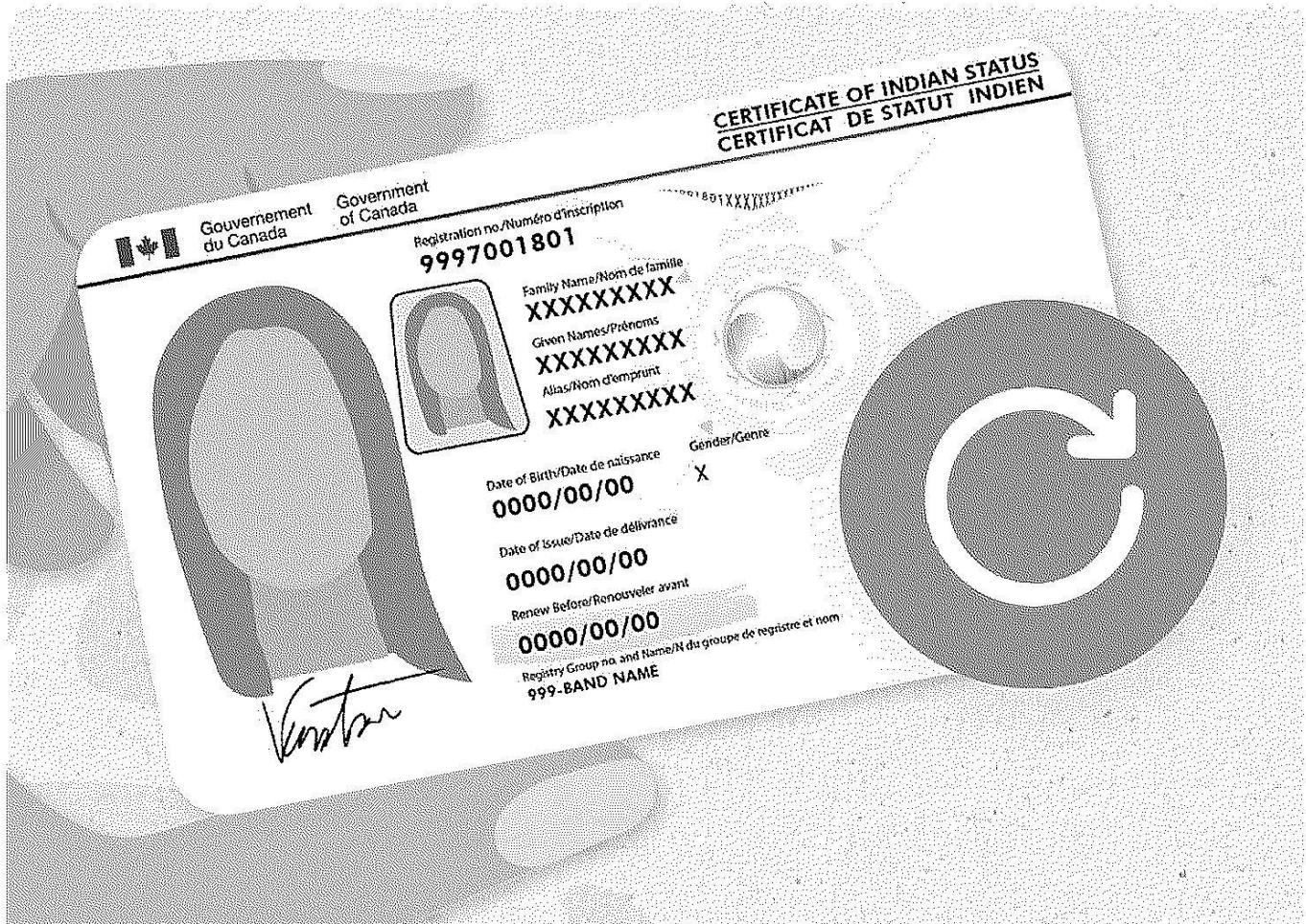
Learn how.

For more information, we invite you to visit:

GotoInfo.ca/Status-Card



Renouveler de la carte de statut



Votre carte de statut a expiré ? Vous cherchez à la renouveler ?

Le renouvellement de votre carte de statut vous permet d'accéder plus facilement aux programmes et services.

Prenez votre propre photo lorsque vous demandez une carte de statut et soumettez-la directement à partir de votre téléphone intelligent, gratuitement, en utilisant l'application photo du CSSI. Soumettez votre demande par la poste ou en vous rendant dans n'importe quel bureau régional ou des Premières nations.


Le traitement du renouvellement prend 8 à 12 semaines, alors ne tardez pas, renouvelez dès aujourd'hui !

Apprenez comment.

Pour plus d'informations, nous vous invitons à visiter le site :
obtenezinfo-enligne.ca/carte-statut



April Birthday's




Happy Birthday!

Neil



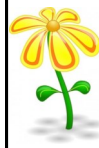
Happy Birthday!

Lauren



Happy Birthday!

Murray
Cory




Happy Birthday!

Dorothy
Amanda

Happy Birthday!



Amanda
Kenneth




Happy Birthday

Mark

Happy Birthday!



Lorraine
Kassandra



Happy Birthday!

Colin

Patrick Bergeron
Kaleb Jeffries
Brooke Phillips
Luka Starcevic

Happy Birthday!




Happy Birthday!




Cheryle
Trica-Lynn
Isla Jane

Happy Birthday!




Joan



Happy Birthday!

David-John
Bonnie
Dominick
Dakota

Happy Birthday!



Stephen

Happy Birthday!



Jo Ann

Happy Birthday



Lori Lynne



Happy Birthday!

Judy



Happy Birthday!

Jackson
April

Happy Birthday!



Natasha

Happy Birthday



Kathie Jean

CONTACTS AND OTHER INFORMATION (Page 1 of 2)

Missanabie Cree First Nation Chief & Council

Chief	Jason Gauthier	jgauthier@missanabiecree.com
Deputy Chief	Jutta Horn	jhorn@missanabiecree.com
Councillor	Lois MacDonald	lmacdonald@missanabiecree.com
Councillor	Leslie Nolan	lnolan@missanabiecree.com
Councillor	Joanne Pezzo	jpezzo@missanabiecree.com
Councillor	Dakota Souliere	dsouliere@missanabiecree.com
Elder Liaison	Lori Rainville	elderliaison@missanabiecree.com
Alternate Elder Liaison	Glad Hawkins	elderliaison@missanabiecree.com

Administration Department

Band Administrator	Shereena Campbell	scampbell@missanabiecree.com
Reception	June Markie	jmarkie@missanabiecree.com
Program Development	Lesley Gagnon	lgagnon@missanabiecree.com
Band Administrative Assistant	Amber Lacrosse	alacrosse@missanabiecree.com
Governance Coordinator	Natalie Gauthier	ngauthier@missanabiecree.com
Executive Assistant	Lisa Souliere	lsouliere@missanabiecree.com
Post-Secondary Education	Gloria Harris	education@missanabiecree.com
Communication Assistant	Japhet H. John	bearfax@missanabiecree.com
Cultural Language Facilitator	Matthew Wesley	mwesley@missanabiecree.com

Finance Department

Financial Officer	Nelson Grant	ngrant@missanabiecree.com
Bookkeeper	Louise Campbell	lcampbell@missanabiecree.com
Jr. Bookkeeper	Ashleigh Bodin	abodin@missanabiecree.com
Finance Clerk	Doreen Boissoneau	financeclerk@missanabiecree.com

Lands & Resources Department

Lands & Resources Director	Tess Sullivan	tsullivan@missanabiecree.com
Mineral Development Advisor	Tetyron Hourtovenko	thourtovenko@missanabiecree.com
Energy Planner	Steve Hawkins	shawkins@missanabiecree.com
Administrative Assistant	Brie Nemeth	bnemeth@missanabiecree.com
Climate Change Solution Coordinator	Adrian Perreault	aperrault@missanabiecree.com

CONTACTS AND OTHER INFORMATION (Page2 of 2)

Missanabie Cree First Nation Hubs

Location

Wawa/Missanabie/Outreach	Brad Nolan	missanabie@missanabiecree.com
Thunder Bay	Deb Ewing	thunderbay@missanabiecree.com
Sudbury	Natasha Bergeron	sudbury@missanabiecree.com
Toronto	Vanessa Mahan	toronto@missanabiecree.com
London	Karen Phillips	london@missanabiecree.com
Timmins	Cheryl Macumber	timmins@missanabiecree.com

Family Services Department

Family Services Supervisor	Bonnie Wiebe	bwiebe@missanabiecree.com
Family Well-being Worker	Jana Harris	jharris@missanabiecree.com
Choose Life Coordinator	April Wesley	awesley@missanabiecree.com
Family Support Worker	Danica Boyer	dboyer@missanabiecree.com
Elder Care Worker	Rick DiCarpo	rdicorpo@missanabiecree.com
Community Nurse	Mercedes Gilbert	mgilbert@missanabiecree.com

Business Corporation (MCBC)

General Manager -	Joseph Sayers	gm_mcbc@missanabiecree.com
Executive Assistant -	Brittany MacLean	bmaclean@missanabiecree.com
CBA Coordinator	Hannah Caicco	cba_mcbc@missanabiecree.com
MCBC Bookkeeper -	Tanya Maitland	Bookkeeper_mcbc@missanabiecree.com

Island View Camp

Camp Manager - Rod Duhaime	hello@islandviewcamp.com
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Dog Lake Camp Ground

Contact - Rod Duhaime

VISION STATEMENT OF THE MISSANABIE CREE

We are the Omushkego of the Missanabie Cree Iliiwak;
whose vision is to have a united and self-governing body
that will determine our destiny guided by the Seven Grandfather Teachings.

We have a vision of a leadership that is open, honest, trustworthy;
a leadership with conviction, accessible to the people;
a leadership that is progressive yet respectful of our traditions, values, and beliefs;
a leadership with confidence, always watchful and assertive
in protecting and preserving the treaty and aboriginal rights of our people;
a leadership that is directed by our people
and with exclusive accountability to our people and our people alone.

We have a vision of our community re-established on the traditional lands
that were once the homeland of our ancestors
where institutions of our government, economy and education can once again thrive.

We have a vision of a people where individuals and families can stand strong
and find healing through tradition and spirituality;
individuals and families who are loving and compassionate.

We have a vision of a people who are bi-cultural and bi-lingual;
a people who can walk in both worlds contributing to our well-being,
the well-being of other Indigenous Peoples; contributing and competing globally.

We have a vision of a Nation of people who respect the dignity of all;
a people who find balance through equality.

We have a vision of people who respect the environment,
harvesting and reaping the resources of the land in a sustainable manner
as responsible stewards for the use of future generations.

We are the Omushkego of the Missanabie Cree Iliiwak;
whose vision it is to regain and restore our rightful place
and through the strength of our people, never again be denied our place in society.

VISION STATEMENT OF THE MISSANABIE CREE

Vision Statement Cree

nîlân-omaškeko-misinapî-ililiwak
ka-wapatakik-e-mamokapocik-e-palîtocîk
e-nosonamak-nîsos-koskonomakana-

ni-wapatenan-nîkanîsîwin-e-ka-katacik-kekana
nîkanîsîwin kakî-wapamacik
nîkanîsîwin-nîkan-kaytapicik-maka-kîštelitamok-nešta-maka-tapiwetamowina-
nîkanîsîwin-ka-tepakelimocik-ka-yakamasîcik-
e-pimacîyacîk-nešta-maka-e-natamet-otilîfîma
nîkanîsîwin-katipelimikot-otilîfîma
ekomaka-eh-yatamentakosît-otilîfîma-oci

nîlan-kîwâpatenan-mîna-eošitayak-nîtâwinan- taskîminak
ka-ocîyak-weškacîwokamakanak
kakî-palîtisocîk-nešta-maka-e-koskonamowin-mîna-emilopalak

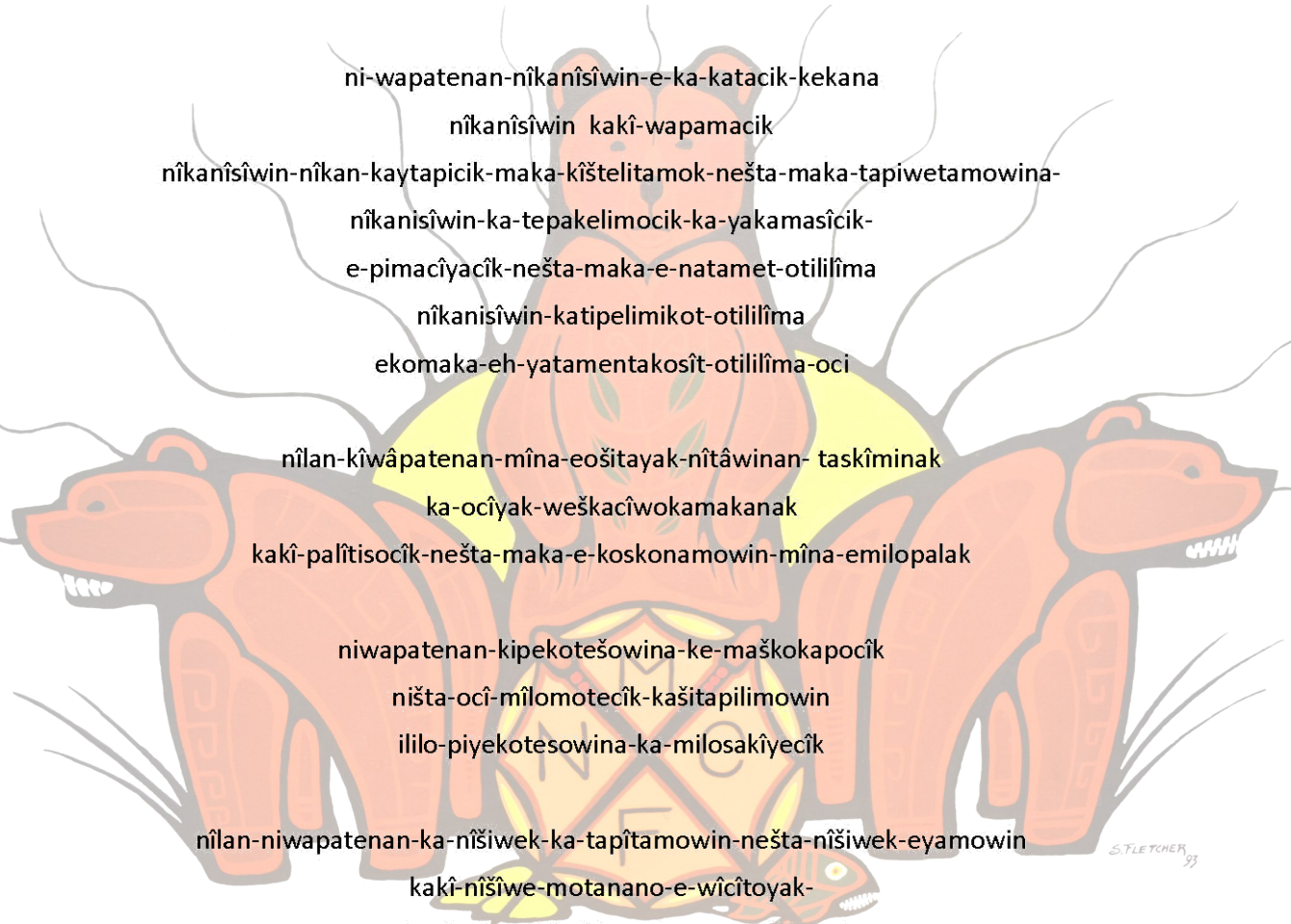
niwapatenan-kipekotešowina-ke-maškokapocîk
ništa-ocî-mîlomotecîk-kašitapilimowin
ililo-piyekotesowina-ka-milosakîyecîk

nîlan-niwapatenan-ka-nîšiwek-ka-tapîtamowin-nešta-nîšiwek-eyamowin
kakî-nîšîwe-motanano-e-wîcîtoyak-
weci-milopimatisit-ilîlowak-mamowîciyewin

niwapatenan-ka-itaskanesîwin-e-mîlowakimitoyak-misawe

niwapatenan-ilîlowak-ka-manâcihtacîk-askî
koyesk-e-nakacîtacîk-otaskîmow-
nîkahnik-koyesk-kenakacîtacîk-

nîlân-omaškeko-misinapî-ililiwak
ewapatamak-mîna-e-kîayaeyak-kakîtayakopan
ekomâka-ke-maškokapoyak-ti-lîlîmonan-monamînaiškac-ocî-atemilikoyak



VISION STATEMENT OF THE MISSANABIE CREE

Vision Statement Cree Syllabics

ᓄᓕᓐ ᐅᓕᓐᑦᑲ ᐱᓕᓐᑦ ᐱᓕᓐᑦᑲ;
 ᓄ ᐱᓕᓐᑦᑲ ᐅᓕᓐᑦᑲᑦ, ᐅ ᐱᓕᓐᑦᑲᑦ
 ᐅ ᓄᓕᓐᑦᑲ ᓄᓕᓐᑦᑲ ᐅᓕᓐᑦᑲᑦ

ᓄ ᐱᓕᓐᑦᑲ ᓄᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲ ᓄᓕᓐᑦᑲ, ᓄ ᓕᓐᑦᑲ ᐱᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲᑦ ᓄᓕᓐᑦᑲ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲᑦ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᐅ ᐱᓕᓐᑦᑲᑦ ᓄᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲᑦ ᓄᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᐅᓕᓐᑦᑲ ᐅᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᓄᓕᓐ ᓄᓕᓐᑦᑲ ᓄᓕᓐᑦᑲ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ, ᓄᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᓄᓕᓐᑦᑲ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᐱᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᓄᓕᓐ ᓄᓕᓐᑦᑲ ᓄᓕᓐᑦᑲ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ;
 ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᓄᓕᓐᑦᑲ ᓄᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᓄᓕᓐᑦᑲ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ,
 ᓄᓕᓐᑦᑲ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ
 ᓄᓕᓐᑦᑲ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᓄᓕᓐ ᐅᓕᓐᑦᑲ ᐱᓕᓐᑦᑲ ᐱᓕᓐᑦᑲᑦ
 ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

ᐅᓕᓐᑦᑲ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ ᐅ ᓄᓕᓐᑦᑲᑦ ᐱᓕᓐᑦᑲᑦ

