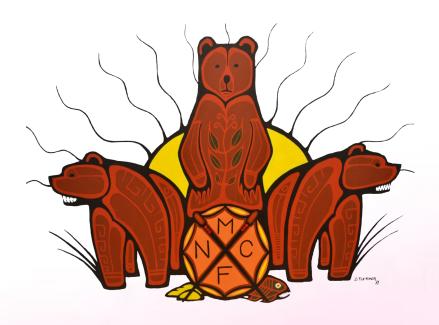
Missanabie Cree First Nation

Great Moon (Hope of Spring)

Ki sha Peesim

Bear Fax

www.missanabiecreefn.com



Inside this Issue:

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CHIEF OF MISSANABIE CREE FIRST NATION

Jason Gauthier, BA (Hons)

Watchey,

Meegwetch

A brief note to remind everyone that we are still waiting to hear the judgement by the appeals court on our outstanding Treaty Land entitlement litigation. This is taking more time than expected. This may trigger negotiations with the provincial government.

We continue to renegotiate an agreement with Alamos Gold. It will be significantly better than our last agreement. We have completed the majority of meetings with our community on our special projects and business development.

I must remind our community, that through the policies, it has been clear that our Chief and Council was asked not to post anything on Facebook, we have a social media policy that states this.

I know that some of our

community members prefer to post messages and statements on Facebook, but a majority of council has agreed that this is an unprofessional and inappropriate way to address our membership.

We have a Chief and Council meetings frequently, and if there are questions you can email them to me or one of council to address. We also report in the newsletter. I again thank you for your support.

MISSANABIE CREE FIRST NATION COUNCILOR

Les Nolan (Red Bear)

Pîhtokwêmak p an Å"⊃·9Lb° /Λ⊃·9Lb°.

HAPPY NEW YEAR All.

I'm hoping this year runs a little more agreeable than the last few vears.

The Chief and Council have had several past projects and joint ventures that we are trying to move forward positively.

With that being said, I'm confident that I will continue to do my utmost for the betterment, prosperity, and independent First Nation.

I have been working diligently with Kunuwonamano, Family Services, and occasionally when I'm needed to assist other councilors with their portfolios.

As stated, many times I am available if needed.

As always, in the spirit of community and its regeneration.

BAND ADMINISTRATOR

Shereena Campbell

Greetings,

We have been very busy getting the new office set up. Things are coming along well.

All equipment that was on backorder for the phones have arrived and the lines should be functioning soon. Staff continue to check their voicemail throughout the work day in order to keep communication flowing. Thank you to all the community members for bearing with us during this time.

We look forward to seeing the Sault Ste. Marie members at our grand opening of Feb 21, 2024. Please look at page (7) for the invitation.

As we are entering fiscal year end, staff are working on reporting requirements, and drafting proposals for new funding.

As many community members have begun asking what will happen with the former office, I am pleased to state that we are looking forward to bringing back the circle of creative arts!

We know there are many members interested in being a part of this and we look forward

(Continued on page 3)



(Continued from page 2)

to including them in the concepts and planning process. If you are interested in participating in the planning and conceptual vision, please send me an email with your name and contact information. Send to scampbell@missanabiecree.com with the subject line COCA.

We will be submitting proposals for arts grants and there will be employment opportunities included in the proposal.

I look forward to hearing from you!

BAND ADMINISTRATIVE ASSISTANT

Amber Lacrosse

Happy New Year!

We are moved into the new band office at 602 Queen and have been busy unpacking, setting up our spaces and taking stock of necessary items while our communications services were being connected. A larger office was a goal discussed at a Strategic Planning Session in October 2022 which we can now happily check off. The additional office spaces, storage, and larger reception, boardroom and kitchen are certainly an improvement as we had outgrown the previous office. In my time with Missanabie Cree First Nation, the band office staff has doubled in size, and as I write this mid January, we continue to look for a Housing Manager, Nurse and an Elder care Worker.

POST-SECONDARY EDUCATION OFFICER/ CULTURAL FACILITATOR

Gloria Harris

Waychie Misiwi - Hello Everybody

January is the Great Scattering Moon; February is the Great Moon, the time when bear cubs are born. March is the Eagle Moon.

We celebrated the Winter Solstice with a sunrise ceremony, variety of crats, wonderful foods, drumming, singing, sharing circles and teachings. There is a saying you learn something new every day and at the bundle teaching, we were shown a new (old) instrument. While there were drums and shakers, participants could choose 2 birch sticks and when tapped in unison they resembled rain. It was magical and so beautiful. The day's events were topped off with a round dance! No words to describe the beauty witnessed and joy felt. Family Services and other staff who played a role deserve a huge round of applause for the tremendous efforts put in to bring this to our community. We welcomed members for the first time, and they could be seen participating in all events, including drumming. We had a "Letting Go" teaching and those who participated later put their papers in the Sacred Fire, led by Mishomis Clifford. Staff member, Japhet had taken pictures so stay tuned for viewing.

Moving to the new office across the street has been daunting to get back to full operational stage. By

the time this is read, most will be back on stream.

BEAR FAX

For anyone considering applying for education funds, now is the time to have your letters sent to the school of your choice. All the information and directions you need to apply are on the website:

www.missanabiecreefn.com in the Education section. As stated previously, all documents required must be submitted to be considered for review. Funding is not guaranteed. Deadline to have NEW applications in: MAY 15, 2024.

For all returning students must submit the application pages of Student Information, Student Agreement and Release of Information. This is required to maintain your funding for September start date. The deadline to have these documents resubmitted is MAY 15, 2024.

Matthew Wesley has been designated to assist in Cultural Programming. I am looking forward to this collaboration. We began with a list of 32 topics and will be putting the items into categories and work from there on.

I am also in the talking stages with Japhet on Literacy and Computer Programming for our members.

I welcome 2024 and look forward with optimism for a harmonious and productive year in the education and culture department.

(Continued on page 4)

(Continued from page 3)

Many blessings to all! Let only good spirits guide you.

Gloria Harris – Migizi Giwabma Kwe – Eagle Spirit Woman



LANDS AND RESOURCES DIRECTOR

Tess Sullivan

The Lands and Resources Department wishes Missanabie Cree a

> Happy New Year 「こゝ ゝ ^ ^ トハ > ・ milooškipipon!

Hopefully everyone is staying warm, tucked safely in their lodges embracing home and finding creative things to do.

Just prior to Christmas break, the department hosted a community dinner in Sault Ste. Marie to provide presentations on the Flood and Fire Risk Mapping Project and Energy Feasibility for the Reserve Community.

CEStrategies consultant Liam Kent provided us with an update on the work to date to conduct Lidar Mapping and Bathymetric Analysis of the lakes and rivers on and adjacent to the Reserve. This information will inform the Flood Risk Map for the reserve.

Northern Community Solutions president, Andreas Zailo, presented alongside Stephen Hawkins on the Energy Feasibility Study to source heat and hydro on reserve. Stephen is finalizing the draft feasibility study and plans to bring the recommendations to Chief and Council by end of February. Thereafter, Stephen will begin to draft the Community Energy Plan based on the approved options. Recommended options already identified in the draft report include solar and biomass. Our department has secured funding to research the feasibility of biomass further. Feasibility of solar will also likely be further researched once funding is successfully applied for and awarded.

It was a well attended event, with meaningful discussion. Hazel Fletcher won the 1st raffle door prize, and Marta Harris and Greg Fletcher the second door prizes!

Chi- Miigwetch to Fay Wesley for providing the elder prayer.

February 13, 2024, Mineral Development Advisor, Ty Hourtovenko will be facilitating a Community Dinner focused on operational Mining and mining being explored in the Traditional Territories, including important research being undertaken to study cumulative environmental impacts resulting from mining over the centuries.

The Lands Department has many projects that are being planned for in 2024 and we are excited to work

with the community, collaborate on projects to build the reserve community and demonstrate strategic efforts to protect the lands, waters and all the relations; the feathered, four footed, crawlers and swimmers!

Stay tuned for more updates in the Bearfax!

Tess Sullivan, on behalf of the Lands and Resource Department-

Ty Hourtovenko, Brie Nemeth, Stephen Hawkins, and Adrian Perrault

MINERAL DEVELOPMENT ADVISOR

Ty Hourtovenko

Wachaiye Nehwahkomaganuk (my relations)

Firstly, I would like to wish a very happy new year to all community members. I am optimistic that 2024 will be a year of positive change and meaningful progress for us as individuals, for our families and as a community. Although we shouldn't require a single day to propose meaningful changes, the new year does provide us with a reminder to revisit our situations and surrounding environment. I hope that all of our community members can strive to find and create a positive momentum this year.

Work related, I apologize for not making the Bearfax before the holidays, and as such, was not able to provide a briefing (Continued from page 4)

FEB 2024

from the office of your mineral development advisor. Both November and December were extremely busy times as it was the end of the fiscal year, which prompted a flurry of activity from various organizations and government departments. For context, I have been emersed with a variety of permit reviews related to both operational mines, as both mines are amidst expansion efforts, and the supporting technical documentation is abundant. Along with office work, I have been on site at both mines to perform routine environmental monitoring, where I am able to review the processes for mine expansion firsthand, as well as conduct inspections on environmentally sensitive projects. The environmental monitoring visits allow me to photo document changes related to the expansion efforts, as well as strengthen relationships with various departments at the mines. Being present on site allows me to examine whether conditions implemented through our First Nation comments are being met. Both mines and all the exploration companies have been excellent in their approach to Indigenous consultation and their execution of adhering to conditional imposed through the consultative process.

Other important business included my attendance at this year's RUSH conference where I was asked to provide a

presentation on my work as the mineral development advisor. My presentation was a focused message to all joint venture businesses which highlighted the importance of cultural competency training and the need for all businesses to improve their recognition of indigenous peoples, including their knowledge on indigenous practices, and our relationship to the land. Specific topics included how I was able to assist with a member that operates a trap line within the mines land tenure, as well as promote Manitou Mountain as a culturally significant site for all First Nations in the region.

Another project that has kept me on my toes is the 3rd party cumulative impact assessment, which is currently underway and being conducted by the Fire Light Group. The Firelight Group is the largest indigenous-owned consulting firm in Canada and has been assisting First Nations with services tailored to providing support for the protection of indigenous values and the rights and interest of indigenous communities. The results are used to demonstrate how industry is affecting the land use and rights of indigenous peoples. The project's objective is to help us understand the cumulative impacts of mining activity in our area and how it is affecting our community, especially for those members that are currently living in proximity to the mining activity. I encourage you to visit the Firelight Group Website as their work has been very helpful for many

struggling with industrial encroachment.
www.firelight.ca

Our 3rd part study is called a socio-ecological cumulative impact assessment and will require some community participation by way of an interview process. Specific members that have documented values within the study area will be contacted for the opportunity to discuss their land use practices and provide other valuable input.

In closing, I would like to remind our community that I am always available to answer questions and will surely respond in a timely manner. The copious amount of information related to mining cannot be solely communicated by Bearfax or MCFN social media, and so I encourage you to reach out. With that being said, I will be hosting my 4th community outreach event on Tuesday February 13, 5:30pm-8:30pm. This community event is being held at the Marconi Club in Sault Ste Marie, with limited availability for those who plan on attending in person, but all members will also be able to attend virtually. More promotion of this event, including links and instructions will be available at all the hubs and through all MCFN social media channels.



FEB 2024

(Continued from page 5)

MCBC MANAGER

Joe Tom Sayers BA (Hons) MPA

Emergency Management - Chief Gauthier, Norm Jaehrling and I met with Ontario Emergency management and ISC during the Christmas Holiday to discuss a multi lateral agreement between the three parties regarding Emergency Management. We are in the process of drafting a Memorandum of Understanding and will be meeting again to review with both levels of government.

Evacuation Shelter - the accommodation units are in the process of being shipped to Missanabie Reserve. All of the other units that comprise the administration offices, kitchen and dining, recreational facilities etc. have been delivered. We have designed a custom built lobby for receiving evacuees and have engaged members from the Mushkegowuk communities for their input.

ISNM - Kashechewan First Nation has signed off on a Service agreement with ISNMaskwa to provide all evacuation supports to their members. We are also deploying teams to Moose Cree this week and continue to support Pic Mobert. The Winnipeg Landfill search research project has been completed and delivered to the Assembly of Manitoba Chiefs and the Longplain First Nation. They have shared our report to Premier Kinew and the Minister of Crown/Indigenous Relations. A meeting with the parties is being scheduled for early February. The eventual project may take up to two years and is priced in at up to 100million.

Miigwech

MCBC EXECUTIVE ASSISTANT

Brittany Maclean

Greetings MCFN Community!

We are getting back into the swing of things after the Christmas break. To start the new year off, we are asking members to participate in a text messaging pilot program. Please see the image below if you would like to participate.

We continue to work towards the last items in our newest audit. The new audit will be presented to board members once finalized. We plan to meet with the board in early February.

February 7th will be my 5-year anniversary of working with Missanabie Cree Business Corporation. I have met so many amazing people through my journey here. I look forward to continuing to support the business from an administrative perspective.

MCBC BOOKEEPER

Tanya Maitland

Good Day Missanabie Members!

I hope everyone had a great holiday season with family & friends!

Since returning from the Christmas Break, Before the break I was working with Brittany on stuff for the audit and we are now working on completing the last few things needed. It has definitely been a learning experience for me as this was my first ever audit, I was part of and I have learned many things and now have a few things in place to help the next audit run a little smoother.

I have been with MCBC now for just over 7 months and have been a part of some great things like the Annual Gathering & RUSH I have met many great people in my short time here and look forward to meeting many more of you throughout my time here.

COMMUNITY BENEFIT AGREEMENT COORDINATOR

Hannah Caicco

Hello Missanabie Members, and happy new year!

This month we have been getting back to business and working on some new projects. I have been keeping up with the mine sites creating follow-up

(Continued on page 7)

BEAR FAX

(Continued from page 6)

CBA reports and keeping up-to-date on all future opportunities. This allows us to discuss employment opportunities, upcoming RFPs, community events, and joint venture partnerships.

I have also been working with different joint venture partners to help them find opportunities and ways to support the community. I also had the opportunity to meet with the board members before the Christmas break and touch base on what is to come in 2024.

Finally, I have been working closely with the team on wellness activities and community engagement projects and collaborating with our partners to increase opportunities!

Kind Regards



HUBS CORNER

THUNDER BAY HUB

DEB EWING

Our Christmas Potluck was a huge success. The food was delicious and the fun with the children was wonderful. Thanks to all who participated. We had a lot of prizes for everyone.

January 9 to 11-24 I will be purchasing the Healthy Snack Gift Cards for our Children, Youth and Elder's. Cards not picked up will be mailed. Office address is listed below.

January 16, 23, 30-24. Cree Class will be starting up again. You are invited to join us for these classes. They are from 7:00 to 8:30. Refreshments will be served.

January 16-24 is the Elder's Tea. 1:00 to 3:30 pm. Come join us for food, fun and conversation. Refreshments will be served. There will be a door prize.

January 17-24 ONWA. The Sacred Tree. Bobbi Fletcher and team will be facilitating this workshop. MCFN members are invited to attend this workshop. It will be at the Hub Office aka the John E. Fletcher Centre. This workshop is from 1 to 2:30 pm.

Refreshments will be served.

January 24, 31-24 ONWA. Co-Dependency Workshop. Bobbi Fletcher and team will be facilitating this workshop. MCFN members are encouraged to attend. It is from 1 to 2:30 pm. This will also be at the Hub Office. Refreshments will be served.

January 24 is the Youth Drop In. 7:00 to 8:30 pm. Come on out for food, fun and games. Meet other youth. Refreshments will be served. There will also be a door prize.

January 29 Drum Group 7 to 8:30 pm. Bring your Drum and come and join us for songs, and camaraderie. Refreshments will be served. There will be a door prize.

I am not sure when I will be doing the Hub event for this month. It would probably be January 20th or 27th. Stay tuned for the posters on the Thunder Bay Hub Webpage. I am hoping to have a family bowling afternoon and an evening of skiing/snowboarding/tubing. Of course, refreshments will be served.

If there are any new members in the Thunder Bay area, please let me know. Please make sure to let me know of any address changes so I can update both the main office and my list. This may include young adults who may not be status but still live either at home or on their own.

I can be reached at: thunderbay@missanabiecree.com or by Telephone: (807) 623-8330. Our address is: 906 E. Victoria Avenue, Thunder Bay. P7C 1B4. Miikwec,

WAWA HUB/ OUTREACH COORDINATOR

BRAD NOLAN

Wâciye Missanabie Cree family, I'd like to wish you all a very happy new year! I hope that everyone had a safe and happy holiday, spending valuable quality time with your families and friends. Wawa Hub had a family Holiday dinner and gift exchange where we had 56 in attendance. It was and is always nice to come together... especially seeing and having the kids be with all their cousins. New this year I have been putting together a crafting program for our Wawa Hub location, which I'm thinking will run in the evenings on a bi-weekly basis. This will enable us more availability and time together, as our kids are in school and

BEAR FAX

HUBS CORNER

many caregivers working thus having less time to engage during our regular business hours. Some of the registered crafting schedule will consist of drum making, feather holders, rattle making, paint nights, dream catchers, leather crafting, beading, as well as non registered open craft nights. I'm super excited to learn new crafts, to upping and practicing our crafting skills and spending quality time together. As of now I am still developing the yearly plan and scheduling, but am looking to schedule for every other Tuesday from 6-8 pm, full details and schedule will be available once I complete plan/schedule. I am hoping to have all materials purchased and on site by the end of Feb in hopes to commence our first class in March.

I look forward to a new year of programming and to many fun get togethers'

Mîkwec

TORONTO HUB

VANESSA MAHAN

Hi there Everyone,

What a fantastic year it has been. Thank you to everyone who has put forth their interests in participating in the local events to sharing online. We had great turnouts for our hub programming. Here is a quick look at what we've done.

Family Day- Movie Night at Cineplex, Casa Loma w/ the Dinosaurs, Easter Baskets, coordinating with the Sault and going to OLI at Meridian Hall, Hoop Dancing with Council Fire, Mothers Day, Spa Day, Toronto Zoo, Blue Jays, Every Child Matters Pow Wow, Royal Winter Fair and last but not least our annual Christmas dinner. And that's not all, from collaborating with MCBC to host events in the hub.

I have to say that we have come along way over the years from only being able to see each other at the annual gatherings to now being able to see one another at the monthly programming events.

I look forward to next year and what it brings to the Toronto Hub. If you have any comments or ideas please feel free to share them.

Miigwetch,

SUDBURY HUB

NATASHA BERGERON

I want to start by introducing myself. I am Natasha Bergeron, the new Sudbury Hub Worker. I am excited to be in this role to assist our community. I will jump right in and explain the things I have accomplished in December when I started my role as Sudbury Hub Worker. We had our Christmas party on December 17th, 2023, for the Sudbury members, and the turnout was amazing. I had arts and crafts tables set up for the children. I also had game tables set up like The Marshmallow Game and The Cup Game. I set up my projector and screen and had Christmas movies playing. I picked names from a bowl and few of our band

HUBS CORNER

members were picked for some prizes. It was an impressive experience to see our members come together and celebrate the holidays together.

I attended the winter solstice on December 21st, 2023, and we made mini decorative drums and medicine pouches with Matthew Wesley. We had bundle bags with family services. We had Wahkotowin do a bundle bag teaching. We had Shirley Horn and Jackie Fletcher come and talking about Shingwauk (residential school) We had a teepee set up in the back of the Delta and stories were shared from all ages. In the evening of the winter solstice, we had our hand drum social, and feast followed by the giveaway. It was a great time seeing all our members and guests dance together in the round dance.

Thank you to the family services team for everything you do to reunite our members more than once a year. In January, the Sudbury Hub is heading to Science North with our families and were going to be learning and having fun while doing it. It is always good to have fun while learning! I have a Valentines Day lunch planned for our elders on February 15th, 2024.

I also have plans for our families to go to Wagon Wheel Ranch on a 1.5-hour sleigh ride. We will be traveling to a firepit in the bush to share marshmallows and hot dogs around the fire. I will have pictures and a write up in the next Bear Fax.

To learn more about what we do in our hub you can join our Facebook page Missanabie Cree Sudbury Hub.

In conclusion, I look forward to serving our community members and being able to assist our families with the resources in the community of Sudbury and Missanabie Cree

I can be reached via email at sudbury@missanabiecree.com

Thank you. Miigwech





NABIE CREE FIRST NATIO

Missanabie is requesting your involvement in a survey to gather feedback on the economic development direction for the Community. To complete the survey please click this link, go to https://www.surveymonkey.com/r/TJ766LB, or scan the QR code!



THANK YOU FOR YOUR PARTICIPATION!

Completing the survey will enter you in a draw for a chance to win a 64 GB, 10th **Generation iPad!**



STUDENT INFORMATION FOOD CARD PROGRAM

Student Information		
DATE		
NAME		
Phone		
Email		
School Information		
Name of School		
Start & End Date		
Attached Proof		

EX	amples:	Recent	Transcript	OK	Verification	Letter	from	school	on the	ir lett	erhead

Mailing Address		
_		

Email completed form with attached proof to: education@missanabiecree.com

Student Healthy Snacks Card

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Eligibility: Any member who is enrolled in education programs such as

- Post-Secondary (college, university
- Adult Education (over 18)

Trades/Educational Training (Full-Time students)

Students are required to register to receive a healthy snack card with the Education Officer. Please complete the document available on the Education Page of www.missanabiecreefn.com website and submit to education@missanabiecree.com

Members under the Employment and Training Program are eligible to receive this benefit for the duration of the training program.

Proof of enrollment in the program is required from the school and/or training facility.

If a student quits or the program ends the student must inform the Education officer of this change.

Student Healthy Snack Cards are provided in the amount of \$100.00 per month

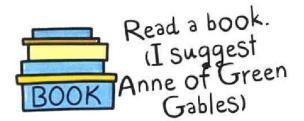
All Student Healthy Snack cards will be mailed out according to the information provided upon registration. If a student moves, they must advise the Education Officer immediately a minimum of **15 days** prior to the move date.

The office will not replace cards if a move has occurred and we have not been informed. Lost or misplaced cards will not be replaced.

The Student Healthy Snack card is managed by the Education Officer.



Taking care of yourseif is the kindest thing you can do







Rest -Nap -sleep early -Take a break

Get creative. paint, draw, use your talent.

Do something that physically makes you teel good.

Ask yourself: Soak !! wind What do V Ineeda

Get outside. Soak in Sun.

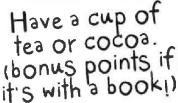
Drink your waterill

pet or cuddle a furry thing

Get back into your hobbies (puzzles are) relaxing!)



plan a movie night or binge watch something on netflix





There's tons more on BlessingManifesting.com

FEB 2024

Suicidal Thoughts/Ideation

Signs and Symptoms

> Feelings of hopelessness > Feeling extreme emotional pain Feeling severe remorse > Feelings of shame and/or guilt > Mental health declines i.e. depression, increased panic attacks, unable to concentrate > Loss of joy/happiness with life Mood swings Isolates self from family, friends, community Engages in risky behaviour, increased substance use, careless driving > Preoccupied with violence, dying and death Changes in personality, routine(s), sleeping patterns Talking about getting revenge > Talking about being a burden to others Giving away belongings > Saying bye as though it will be the last time

How you can help

For detailed guidelines on how to identify and help someone who is suicidal, see "Suicidal Thoughts and Behaviours: First Aid Guidelines" (link below at Mental Health First Aid).

- · Know the signs and signals.
- If you have concerns, ask if they are thinking about suicide (see Note below). It's a myth that talking about suicide will "give someone ideas." It won't. If anything, it will show them they are not alone, that you care and you want to know how to help.
- Always listen carefully. Take concerns seriously. Let them do most of the talking.
- · Don't pass judgment.
- Avoid simplistic advice like "Cheer up." Instead, let them know they're important and you
 want them to live. Tell them directly: "You are really important to me and I don't want
 you to die."
- Let them know you are there for them. They are most likely feeling alone, alienated and unwanted.
- **Ask how you can help**. Trust is very important so only promise things you can actually do but make sure they know you will help them to get help.
- You can't do it all, but you can help your friend or relative get the help they need. If you are a young person yourself, tell a trusted adult about your concerns as soon as possible, even if you must break a promise of secrecy.
- Call a crisis line yourself to discuss options for your friend or relative.

Note: If someone considering suicide already has a suicide plan and the means to carry it out, don't leave them alone. Treat the situation as an emergency (see Finding Help below). Call a crisis line. Stay with them until crisis workers or other emergency workers are there to help.

Finding help

If you, or someone you know, are in crisis and considering suicide, don't wait. Call someone who can help.

CONTACT US

Phone: 1-844-NAN-HOPE

Text: <u>1-844-626-4673</u>

Email: info@nanhope.ca

Fax: <u>1-226-314-1218</u>

Contact a helpline

ConnexOntario

1-866-531-2600

https://www.connexontario.ca/

Free and confidential health services information for people experiencing problems with alcohol and drugs, mental illness or gambling.

Kids Help Phone

1-800-668-6868

http://www.kidshelpphone.ca

Free, anonymous and confidential professional phone counselling and online counselling, available 24/7 for kids and youth 20 years of age and younger.

Ontario Distress Centres

http://www.dcontario.org/centres.html

Free, confidential support and information. Visit the website for a phone contact in your area. Hours of operation vary, but most answer calls around the clock.

Go to your nearest hospital emergency department

Call 911

If this is not a crisis, you can find services close to home by searching the **Ontario Health Care Options** directory.

More information

Aboriginal resources

Honouring Life Network - Aboriginal Youth Suicide Prevention Resources

http://www.honouringlife.ca

A website produced by the National Aboriginal Health Organization (NAHO) to provide "culturally relevant information and resources on suicide prevention to help Aboriginal youth and youth workers dealing with a problem that has reached crisis proportions in some First Nations, Inuit and Metis communities in Canada."

Za-geh-do-win Information Clearinghouse

http://www.za-geh-do-win.com

Za-geh-do-win Information Clearinghouse "researches, collects, catalogues, and distributes culturally relevant resources" for aboriginal communities across Ontario. Includes *The Key – Aboriginal Mental Health Services/Support Directory* for resources and services. The website focuses on issues of health, healing and family violence.

LGBTQ Youth Line

http://www.youthline.ca/

A toll-free Ontario-wide peer-support phone line for LGBTQ young people.

The Trevor Project (US)

http://www.thetrevorproject.org

A national U.S.-based site committed to crisis intervention and suicide prevention for LGBTQ youth.

General resources

Canadian Association for Suicide Prevention

http://suicideprevention.ca

Ontario Suicide Prevention Network

http://www.ontariosuicidepreventionnetwork.ca

Mental Health First Aid

Suicidal Thoughts and Behaviours: First Aid Guidelines

http://www.mentalhealthfirstaid.ca/EN/resources/Documents/MHFA_suicide_guidelines.pdf

Kids Help Phone

http://www.kidshelpphone.ca/Teens/InfoBooth/Emotional-Health/Suicide.aspx

Youth friendly information, links and tips on what to do to help yourself or a friend.

Teen Mental Health (NS)

http://teenmentalhealth.org/for-families-and-teens/suicide/

Information and resources including several downloadable booklets such as Are You Coping with Suicidal Thoughts? and Have You Lost Someone to Suicide?

Centre for Applied Research in Mental Health and Addiction (BC)

Coping with Suicidal Thoughts: A Resource for Patients

http://www.sfu.ca/carmha/publications/coping-with-suicidal-thoughts.html

Here to Help (BC)

What is suicide?

http://www.heretohelp.bc.ca/factsheet/what-is-suicide

A general guide in plain language prepared by the Canadian Mental Health Association, BC Division.

Resources for Parents

Children's Hospital of Eastern Ontario

Suicide

http://www.cheo.on.ca/en/suicideinfo

Information and specific guidance for parents on what to do if your child is at risk for suicide.

ementalhealth.ca

Suicide in Children and Youth: Guide for Parents

http://www.ementalhealth.ca/Toronto/Suicide-in-Children-and-Youth-Guide-for-

Parents/index.php?m=article&ID=8896

BEAR FAX



Financial Literacy for Indigenous Peoples

We are pleased to announce a complete financial literacy learning series presented by RBC. Join us for one module or all for a complete learning experience. We will show you how to earn an impressive Financial Literacy Certificate after completing all eight modules.

Each event will be presented at 11:00am EST

Module One:	February 13 th	Introduction Event
Module Two:	February 27 th	Budgeting and Saving
Module Three:	March 26 th	Your Money Today and Tomorrow
Module Four:	April 30 th	Understanding Debt and Borrowing
Module Five:	May 21st	Art of Investing
Module Six:	June 26 th	Retirement Planning
Module Seven:	July 23 rd	Realities of Real Estate
Module Eight:	August 27 th	Behavioral Finance







Introduction to:



Return to Top

Financial Literacy for Indigenous Peoples

You're invited!

Join us for an Introduction to Financial Literacy for Indigenous Peoples and discover how this 8 module learning series will provide you with tools to make informed financial decisions.

Details

Tuesday, February 13th, 2024 at 11:00 am EST

Virtual Event

Register today! Space is limited.

Click Here



Sincerely, Chantal Giroux Group Consultant 705-690-9989 chantal.k.giroux@rbc.com www.rbcroyalbank.com

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FORM FOUND ON NEXT PAGE



RECREATION AND ACTIVITIES



The MCFN Recreation and Activity Policy has been approved by Chief and Council.

MCFN Community members can receive up to \$1500/year for organized sport or recreational programs

The full policy is available on the 'Members Only' section of the website. For addition eligibility details please read the policy.

ELIGIBLE COSTS INCLUDE BUT ARE NOT LIMITED TO:

- REGISTRATION FEES
 - MEMBERSHIP FEES
- EQUIPMENT SUCH AS UNIFORM, FOOTWEAR, SAFETY GEAR, ETC. FOR INQUIRIES ON THIS PROGRAM

PLEASE CONTACT LESLEY GAGNON: LGAGNON@MISSANABIECREE.COM



missanabiecreefn.com

Form 1

Recreation, Activities, & Sponsorship Policy

Page 1 of 3

Missanabie Cree First Nation Recreation/ Activity / Sponsorship Request Form

SECTION 1: Applicant Details							
	(Please note, the applicant is the person who will be enrolled in the activity)						
First Name							
Last Name							
Date of Birth	Date of Birth						
Band Number (please provide the applicants registered number with Missanabie Cree First Nation or the band they are registered under, if the applicant does not have a band number, please provide the parents #, if the parent does not have a band # please state the reason why)							
Band Name							
Parent(s) / Guardian Name(s) (if applying for a child)							

Applicant Address & Contact Information							
Street A	ddress						
City / To	wn						
Postal Co	Postal Code / Zip Code						
Province	e / Stat	e					
Country		**					
Phone N	umbei						
Email							

FEB 2024

SECTION 2: Parent or Guardian Address & Contact Information (if applicable)									
The applicant's a	ddress	t	Yes / No (if yes, then skip to section 3)						
Street Address	Street Address								
City / Town	City / Town								
Postal Code / Zip	Code								
Province / State		C	Country						
Phone Number									
Email									

SECTION 3: Activity / Recreation / Sponsorship Details							
Name of Activity / Recreation							
Description of Activity / Recreation							
Name of Organization							
Address of Organization							
Contact Person							
Contact Phone #							
Email of Organization							
Date(s) of Activity							
Duration of Activity (eg. January to March 2023)							

SECTION 4: Proposed Costs & Financing							
Costs (please attach quote, print out of accosts, or bill and attach to this appli							
Have you received funding assistance from other sources? (Please Check One) Yes No					No		
If Yes, please provide d	ate and a	amount received					
Name of organization funds received from							
Please Note: Funding may be provided upon approval for up to \$1500.00 CAD per Individual, per funding year and is subject to change. For Sponsorship, please fill out this form and staff will forward the request to Chief and Council for consideration. If your activity or recreation exceeds the \$1500.00 CAD amount allotted, your request will be submitted to Chief and Council for consideration.							

SECTION 5: Liability and Consent								
The information in this application is true to the best of my knowledge	Yes / No							
I give Missanabie Cree First Nation permission to contact the First Nation my child is registered to for information regarding services accessed in relation to activities and recreation. (please note that marking no could result in delays in funding)								
I understand and agree that while Missanabie Cree First Nation is providing funding for recreations and activities, I will not hold Missanabie Cree First Nation responsible, nor will I take legal action under any circumstance (i.e., injury etc.).								
Name								
Signature Date								

FOR OFFICE PURPOSES ONLY					
Approved	Yes / No	Amount		Signature	

Job Posting

Housing Manager

Deadline: Open until Filled

FT permanent

\$75,000 Gross Annual Salary

Missanabie Cree First Nation is looking for a Housing Manager to manage all aspects of on-reserve housing, including development, administration, and enforcement of Housing Policy, tenant management, the RFP process and inspection of housing construction.

Qualifications:

The successful applicant should have knowledge of On-Reserve Housing, a degree in Public Administration, Business, Policy, Accounting or a related field and a minimum of 5 years of experience working in the related field of their academic training. The applicant should have training and/or experience in On-Reserve Indigenous Community Housing.

The successful candidate must possess the following skills:

- Proven project management
- Excellent administrative skills such as: computer literacy, time management, detail oriented
- Communication and ability to build a good rapport with community members

Clean CPIC required

Class "G" Drivers' Licence

Indigenous Housing program administration experience (or ability to take this training)

Duties/Requirements:

- Research and develop housing policy with support from the Governance Committee including but not limited to MCFN's Allocation Policy, Rental Housing Policy, Housing Enforcement Policy;
- Marketing and management of application process, overseeing intake, review applications to ensure they meet specific eligibility standards and grade their applications against set criteria in the competitive process;
- Interview prospective tenants to ensure that they are responsible and able to meet the rental agreement terms;
- Administer financial aspects of rental property management for the band, communicate and coordinate information sharing with finance on rental agreements, tenant arrears, unit vacancies, etc.;
- Coordinate with contractors to perform repairs on the buildings when necessary;
- Maintaining order in the community by enforcing rules regarding noise level, occupancy limits, pets, parking, etc.;
- Conducting regular inspections of units to identify maintenance issues before they become major problems;
- Conducting evictions when necessary to remove tenants who violate lease agreements or commit illegal acts on the property;
- Building a housing department of staff, including but not limited to; funding proposal writing to secure funds for recruitment of staff, advertising, interviewing, recruiting, and supervising staff of the Housing Department;

Overseeing the RFP process for rental housing construction on-reserve as well as site inspection services.

*This position may be considered on an underfill contractual basis, should there not be fully qualified candidates.

To apply for this position, please drop off your cover letter, resume and references (3) in person at:

559 Queen St. East

Sault Ste Marie, ON, P6A 2A3

By email to: jmarkie@missanabiecree.com

By Fax: 705-254-3292 (Attention: June Markie)

JOB POSTING

ELDER CARE COORDINATOR

Deadline: Until Filled

REPORTS TO: FAMILY SERVICES SUPERVISOR
FULL-TIME/CONTRACT

SUMMARY:

Missanable Cree First Nation is looking for an Elder care worker to provide a variety of non-medical services that allow seniors to remain in their homes.

QUALIFICATIONS:

Preferred diploma in Social Services or equivalent, or experience in community outreach, program delivery and coordination of events and activities.

Good interpersonal and communication skills

Experience and education working in caregiving, respite care or long term care homes

Personal Support Worker certification an asset

Ability to use Microsoft office programs, including email, word, and excel.

Current First Aid & CPR certification or willingness to obtain

Class "G" Drivers' License

CPIC with VSC is required upon job offer DUTIES/REQUIREMENTS:

Assist with booking foot care appointments, coordinate transportation to appointments, make referrals where necessary

Advocate to service providers on behalf of elders

Work with nurse for diabetic care and check ups

Set up services such as meals on wheels, taxi, personal care, foot care, dentist, home cleaning services

Case and file management, Writing up care plans, Daily log forms, Registrations forms

Assisting with documentation/medical forms such as NIHB, travel grants, pension, wills

Complete and submit intake and request forms such as housing repair services, prescriptions, medical equipment.

Schedule home visits with elders, check in by phone or email to members nationwide, provide programming and information.

Administer the Elder healthy snack program

Other duties as required

WORKING CONDITIONS

Office environment Sitting for long periods Travel within the city

To apply for this position, please drop off your cover letter, resume and three (3) references:

By email to: jmarkie@missanabiecree.com

By Fax: 705-254-3292 (Attention: June Markie)





Nishnawbe Aski Mental Health and Addictions Support Access Program

We're here for you 24/7

1-844-NAN-HOPE (1-844-626-4673)

The Nishnawbe Aski Mental Health Wellness Support Access Program (NAN Hope) provides community-driven, culturally appropriate and timely mental health and addictions support to members of the 49 First Nations communities in Nishnawbe Aski region.

This First Nation-led program is in response to the specific mental health needs of community members in northern Ontario, offering a central access point to mental health and addictions support.

Program Services:







support services

health counselling

24/7 toll-free rapid access to confidential crisis services

Phone | Text* | Chat*

www.nanhope.ca

*Text and Live Chat support are available Monday through Friday: 8:00am - 12:00am ET and Saturday and Sunday: 10:00am - 11:00pm ET.

Need a **Helpline?**

Toll Free Helplines for Northern Ontario

- Children
- Youth
- Adults



Nishnawbe Aski Nation

Support & Information Lines

Kids Help Phone 1.800.668.6868

(24 Hours

Operation Come Home

1.800.668.4663

(8am - 4pm EST (Mon-Fri)

MissingKids.ca

1.800.KID.TIPS 1.800.543.8477

Assaulted Women's Helpline

L 1.866.863.7868

1.866.863.7868

Victim Support Line

1.888.579.2888 24 Hours

Senior Safety Line **L** 1.866.299.1011

Good2Talk

(Post Secondary Helpline)

L 1.866.925.5454

LGBT Youth Line 1.800.268.9688

When you don't know where to turn

Connects you to health, community, government & social services. (24 Hours

Mental Health & Addictions

First Nations & Inuit Hope for

Wellness Line

1.855.242.3310 24 Hours

Mental Health Service

Information Ontario L 1.866.531.2600

(24 Hours

Drug & Alcohol Information Line

1.800.565.8603

(24 Hours

Ontario Problem Gambling Helpline

1.888.230.3505

(P) 24 Hours

Al-Anon - Alateen

L 1.888.425.2666

(8am - 6pm EST (Mon-Fri)

Health

AIDS & Sexual Health Information Line

1.800.668.2437

(10am - 10:30am EST (Mon-Fri)

11am - 3pm EST (Sat & Sun)

Telehealth Ontario

(Health Information Line) 1.866.797.0000

(24 Hours

Toll Free | Confidential | Anonymous

Community News, Notes, & Stories

I want to wish my DAD Happy Birthday in the Spirit

World

Page 27

I miss you dad every single day.

Love your daughter June



Would also like to wish all born in February a Happy Birthday.
From the desk of,
June Markie

After taking Digital Media Production, which I couldn't have done without the help from Missanabie, I worked for a local news station called TBT News in Thunder Bay for three years. That job prepared me for my new position as an Indigenous Journalist for CityNews Winnipeg! I was hired as 1 of 5 Indigenous Journalists across Canada and with this job I not only plan to positively represent Missanabie Cree through my work, but also help tell stories of Indigenous peoples down in Winnipeg on a National level!

-MITCHELL RINGOS

January Birthdays

Happy Birthday to my nephew Patrick love Auntie Debbie

Happy Birthday to Brent Fletcher love the Fletcher family

Happy Birthday to Brent Fletcher love Auntie Debbie

Happy Birthday to Robert Ewing love the Fletcher family

Happy Birthday to my son, Robert Ewing, love mom

Happy Birthday to my grandson, Everett Ewing, love Namz

Happy Birthday to Everett Ewing love the Fletcher Family

Happy Birthday to my daughter-in-law Phyllicia love Debbie

Happy Birthday to Phyllicia Ewing love the Fletcher Family

February Birthdays

Happy Birthday Barb, love the Fletcher Family

Happy Birthday to my sister Barb love Debbie

Happy Birthday to my granddaughter, Elizabeth Ewing, love Namz

Happy Birthday to Elizabeth Ewing, love the Fletcher Family

PLEASE EMAIL

BEAFAX@MISSANABIECREE.COM

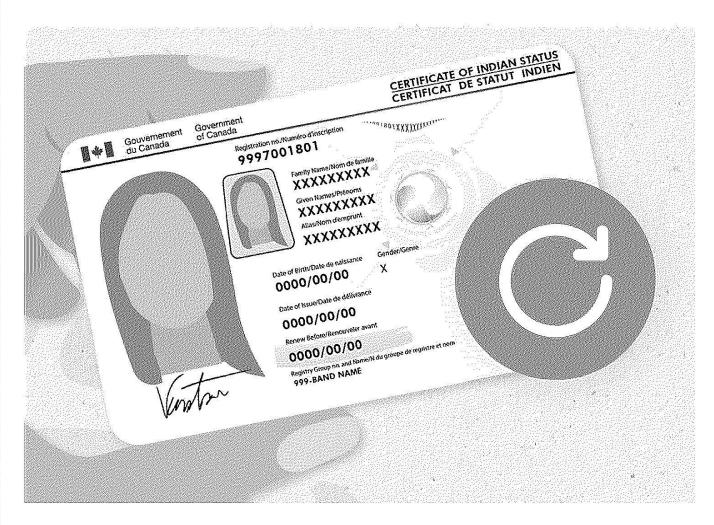
Share Your

Stories &

Accomplishments

FEB 2024

Status Card Renewal



Has your status card expired? Looking to renew?

Renewing your status card makes it easier to access programs and services.

Take your own photo when applying for a status card and submit it straight from your smart phone free of charge using the SCIS Photo App. Submit your application through the mail, or by visiting any regional or First Nation office.

Renewal processing take 8-12 weeks, so don't delay, renew today!

Learn how.

For more information, we invite you to visit: GotoInfo.ca/Status-Card





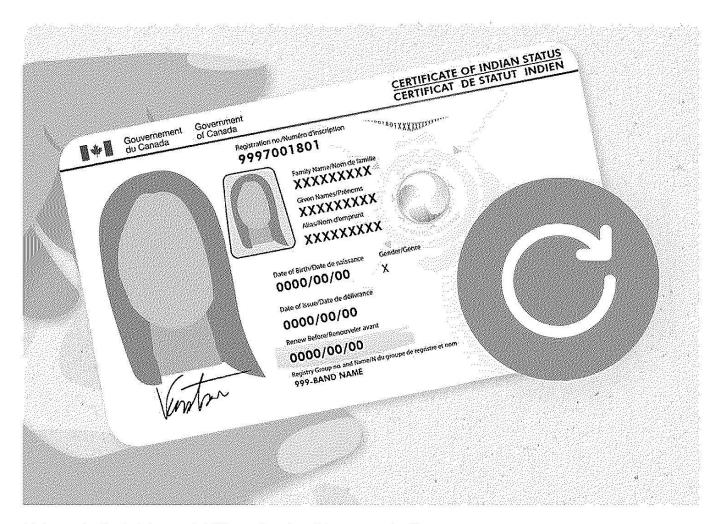
Indigenous Services

Services aux Autochtones Canada



FEB 2024

Renouveler de la carte de statut



Votre carte de statut a expiré ? Vous cherchez à la renouveler ?

Le renouvellement de votre carte de statut vous permet d'accéder plus facilement aux programmes et services.

Prenez votre propre photo lorsque vous demandez une carte de statut et soumettez-la directement à partir de votre téléphone intelligent, gratuitement, en utilisant l'application photo du CSSI. Soumettez votre demande par la poste ou en vous rendant dans n'importe quel bureau régional ou des Premières nations.

Le traitement du renouvellement prend 8 à 12 semaines, alors ne tardez pas, renouvelez dès aujourd'hui!

Apprenez comment.

Pour plus d'informations, nous vous invitons à visiter le site : obtenezinfo-enligne.ca/carte-statut



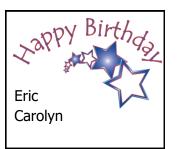


Page 30

February Birthday Greetings





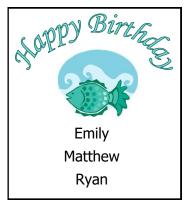




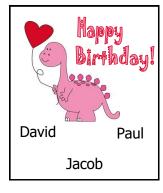




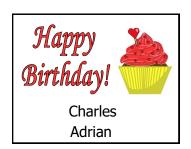


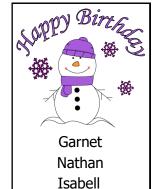










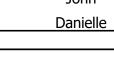






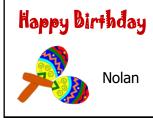


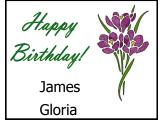














CONTACTS AND OTHER INFORMATION (Page 1 of 2)

Missanabie Cree First Nation Chief & Council

FEB 2024

Chief Jason Gauthier <u>igauthier@missanabiecree.com</u> **Deputy Chief** Jutta Horn jhorn@missanabiecree.com Councillor Lois MacDonald Imacdonald@missanabiecree.com Councillor Leslie Nolan Inolan@missanabiecree.com Councillor Joanne Pezzo jpezzo@missanabiecree.com Councillor Dakota Souliere dsouliere@missanabiecree.com Elder Liaison Lori Rainville elderliaison@missanabiecree.com Alternate Elder Liaison **Glad Hawkins** elderliaison@missanabiecree.com

Administration Department

Band Administrator Shereena Campbell scampbell@missanabiecree.com Reception June Markie imarkie@missanabiecree.com Program Development Lesley Gagnon Igagnon@missanabiecree.com Band Administrative Assistant alacrosse@missanabiecree.com Amber Lacrosse Governance Coordinator Natalie Gauthier ngauthier@missanabiecree.com **Executive Assistant** Lisa Souliere Isouliere@missanabiecree.com Post-Secondary Education Gloria Harris education@missanabiecree.com Communication Assistant Japhet H. John bearfax@missanabiecree.com Cultural Language Facilitator Matthew Wesley mwesley@missanabiecree.com

Finance Department

Financial Officer **Nelson Grant** ngrant@missanabiecree.com Bookkeeper Louise Campbell <u>lcampbell@missanabiecree.com</u> Jr. Bookkeeper Ashleigh Bodin abodin@missanabiecree.com Finance Clerk Doreen Boissoneau financeclerk@missanabiecree.com

<u>Lands & Resources Department</u>

Tess Sullivan Lands & Resources Director tsullivan@missanabiecree.com Mineral Development Advisor Tetyron Hourtovenko <u>thourtovenko@missanabiecree.com</u> Steve Hawkins shawkins@missanabiecree.com **Energy Planner** bnemeth@missanabiecree.com Administrative Assistant **Brie Nemeth** Adrian Perreault aperrault@missanabiecree.com Climate Change Solution Coordinator

CONTACTS AND OTHER INFORMATION (Page2 of 2)

Missanabie Cree First Nation Hubs

Location

Wawa/Missanabie/Outreach Brad Nolan <u>missanabie@missanabiecree.com</u>

Thunder Bay Deb Ewing <u>thunderbay@missanabiecree.com</u>

Sudbury Natasha Ber- <u>sudbury@missanabiecree.com</u>

Toronto Vanessa Mahan <u>toronto@missanabiecree.com</u>

London Karen Phillips <u>london@missanabiecree.com</u>

timmins@missanabiecree.com

Timmins Cheryl Macumber

Family Services Department

Family Services Supervisor

Family Well-being Worker

Choose Life Coordinator

Family Support Worker

Bonnie Wiebe

bwiebe@missanabiecree.com

jharris@missanabiecree.com

awesley@missanabiecree.com

Danica Boyer

dboyer@missanabiecree.com

Business Corporation (MCBC)

General Manager - Joseph Sayers gm mcbc@missanabiecree.com

Executive Assistant - Brittany MacLean bmaclean@missanabiecree.com

CBA Coordinator Hannah Caicco cba mcbc@missanabiecree.com

CBA Coordinator Hannan Calcco <u>cba_mcbc@missanablecree.com</u>

MCBC Bookkeeper - Tanya Maitland <u>Bookkeeper_mcbc@missanabiecree.com</u>

Island View Camp

Camp Manager - Rod Duhaime hello@islandviewcamp.com

Dog Lake Camp Ground

Contact - Rod Duhaime

VISION STATEMENT OF THE MISSANABIE CREE

We are the Omushkego of the Missanabie Cree Ililiwak; whose vision is to have a united and self-governing body that will determine our destiny guided by the Seven Grandfather Teachings.

We have a vision of a leadership that is open, honest, trustworthy;

a leadership with conviction, accessible to the people;
a leadership that is progressive yet respectful of our traditions, values, and beliefs;
a leadership with confidence, always watchful and assertive
in protecting and preserving the treaty and aboriginal rights of our people;
a leadership that is directed by our people
and with exclusive accountability to our people and our people alone.

We have a vision of our community re-established on the traditional lands
that were once the homeland of our ancestors
where institutions of our government, economy and education can once again thrive.

We have a vision of a people where individuals and families can stand strong and find healing through tradition and spirituality; individuals and families who are loving and compassionate.

We have a vision of a people who are bi-cultural and bi-lingual;

a people who can walk in both worlds contributing to our well-being,
the well-being of other Indigenous Peoples; contributing and competing globally.

We have a vision of a Nation of people who respect the dignity of all; a people who find balance through equality.

We have a vision of people who respect the environment, harvesting and reaping the resources of the land in a sustainable manner as responsible stewards for the use of future generations.

We are the Omushkego of the Missanabie Cree Ililiwak; whose vision it is to regain and restore our rightful place and through the strength of our people, never again be denied our place in society.

September 20, 1998 - Revised March 9, 2021 - Motion 21.03.09.01

FEB 2024

VISION STATEMENT OF THE MISSANABIE CREE

Vision Statement Cree

nîlân-omaškeko-misinapî-ililiwak ka-wapatakik-e-mamokapocik-e-palîtocîk e-nosonamak-nîsos-koskonomakana-

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VISION STATEMENT OF THE MISSANABIE CREE

Vision Statement Cree Syllabics

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