

What does it mean to live in a sacred world?

HAPPY EARTH DAY! April 22, 2012

First we have to feed our families.

Start saving your seeds.

-Anishinaabe Elder

Walk with your ancestors. Way-ah o heya! Give thanks to the spirits. Way-ah o heya! "Look after the Earth in the best manner, and the Earth will return the care to you."

We are the land.

Unite belief with action, thinking with doing.

# Events/Gatherings:



Missanabie Cree First Nation Annual Gathering August 11-18, 2012

- Sault College Native Student Council Annual Pow-wow April 17-18, 2012 Sault Ste. Marie, ON http://nativeeducation.ca/index.aspx?l=0,1,3,140,142,146
- Environmental Film Festival Best of Planet in Focus April 18-21, 2012 Ottawa, ON www.planetinfocus.org
- International Polar Year Conference: From Knowledge to Action April 22-27 Montreal, QC http://www.ipy2012montreal.ca/
- 6th Annual Powering Up Aboriginal Energy Conference April 23-24, 2012 Toronto, ON www.canadaforum.com/upcoming\_conferences.html

Our Voices - A Session for First Nations Leadership April 24-25, 2012 Toronto, ON www.chiefs-of-ontario.org

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# Community News and Notes

Wachaye, Family & Friends:

It's been awhile since I put an article in the newsletter. Just wanted to share with you about the conference Robert( my grandson) and I went to in Cochrane. It was called Healing Reconciliation Conference (Strengthening Our Roots & Our Voices).

We attended many workshops and I will name a few we participated in.

One was a mixed circle in which we shared our stories. Traditional Teachings with Conrad latail; he talked about how we began as Man and Woman and how our Clans started. It was very interesting.

Empowerment with the Youth by Dora Palmer. We talked about our experience as a youth growing up. We just told stories because there were no youth except for Robert. This was Robert's first conference he's ever been to, so



Happy Birthday to my Great Niece, Alysha

Love You,Auntie June

Happy Birthday to my Niece, Lorraine

Love You ,Auntie June



Happy Birthday to my Nephew, Murray

Love , Auntie June

### Submissions to Community News and Notes

MCFN members are welcome to submit their news items to the Bear Fax Newsletter.

Deadline for submissions is the first day of every month, for inclusion in that month's newsletter.

Please send your items:

By fax at 705-254-3292 By email to eangeconeb@missanabiecree.com he was very quiet; plus there was no other youth at all for him to hang out with, so for him it was quite an experience.

Don Burnstick's workshop was Healing the Wounded Warrior. He spoke of his hard travels through life and how he changed his ways of living plus he was not always serious so it was fun.

Robert and I also went and saw his show and we never laughed so hard. It was awesome!

Well that's it for now. That's my story and I'm sticking to it (ha ha).

In The Spirit of Community

Receptionist/MCFN June Markie



Happy Birthday to my Niece, Bonnie

Love You, Auntie June

Happy Birthday to my Son, Corey Love you, Mom





Papa and Brianna chillin' at GG's house.

# News Items

#### GLR PAID OFF BY ON GOVERNMENT IN KI DISPUTE

The Ontario government has paid \$3.5 million to buy out God's Lake Resource's controversial claims in Kitchenuhmaykoosib Inninuwug (KI) territory. The government announced its deal with the junior gold mining company on Mar. 29. Under terms of the settlement God's Lake agreed to surrender its mining leases and claims. The land in question was added to the more than 23,000 square kilometers that Ontario previously removed from development in the region.

KI Chief Donny Morris said the announcement was good news for his First Nation. "Now my question to the government is when do we sit down and discuss the real, tangible things," Morris said. "Everybody thinks we're anti-development, but we're not. But we are signatory to the Treaty, and we want to have say over development."

Ontario's minister of northern development and mines, Rick Bartolucci, said the agreement responds to KI's concerns while allowing God's Lake to move forward with mineral exploration in other parts of the province. "Our government is committed to assisting companies move forward with exploration and development in Ontario and continuing to meet our duty to consult," Bartolucci said in a press release.

The dispute between KI and God's Lake has been growing since last September, when KI issued a eviction notice to the company after community members came upon an unannounced exploration site on traditional lands.

The conflict came to a head on Mar. 6 when KI councilors, elders and community members held a rally in Toronto outside the Prospectors and Developers Association international mining conference. God's Lake had said it would resume exploration work despite the First Nation's opposition, sparking an impromptu camp being set up by Morris and other community members at the Sherman Lake exploration site.

The settlement between Ontario and God's Lake is the second time Ontario has paid out millions of dollars to a company over a dispute with KI. In 2008 the government paid over \$5 million to Platinex after the conflict that resulted in six KI members, including Morris, being jailed for over three months for blocking the mining company. Morris said that the government now has to get land use plans completed before another mining company ends up with a big payout of public money.

"This is where I want the government to come to the table," Morris said. "Now is the time. You can't just keep throwing public money at every company that comes along."

"Let's hash out these things, let's negotiate, let's discuss the opportunities," Morris added. "The government has to understand that there is another entity up north."

(From Wawatay News, March 29, 2012)

### THE NATIONAL ABORIGINAL HEALTH ORGANIZATION'S (NAHO) FUNDING CUT BY HEALTH CANADA

The National Aboriginal Health Organization's (NAHO) funding has been cut by Health Canada. It is with sadness that NAHO will wind down by June 30,2012.

NAHO has been in operation for 12 years with all of its funding coming from the Federal government. NAHO employs over 30 specialists in health care research and has holdings of over \$60 million in knowledge-based research to improve the health outcomes of First Nations, Inuit and Metis peoples, which include:

- Over 200 health reports, guides and fact sheets
- Rare video footage and audio tapes of Aboriginal El ders' indigenous knowledge
- The only public available databases on Metis health
- 12 issues of the Journal of Aboriginal Health
- Thousands of copies of research files and holdings

Over the next two months NAHO will be negotiating universities and health research institutions to take over the care of these invaluable intellectual holdings.

In addition to its staff, one of NAHO's greatest assets is its web site. When you Google Aboriginal health, NAHO comes up as one of the leading health information sources in the world. Last year, there were over 640,000 downloads of publications from the NAHO web site, and we mailed out close to 250,000 publications to health care providers, communities and individuals. The web site is used by healthcare providers, researchers, government, and the public.

NAHO has over 50 active partnerships and collaborations with health care Organizations. Some of these collaborations include, the Society of Obstetricians and Gynaecologists of Canada, Kids Help Phone, Canadian Institute for Health Information, Aboriginal Nurses Association of Canada, and Health Council of Canada. For further information:

Trevor Eggleton, A/Manager, Communications Tel: 1-877-602-4445 <u>www.naho.ca</u>

#### NAN FIRST NATION YOUTH RECEIVED DISTINGUISHED ONTARIO AWARD FOR VIDEO PROJECT

March 23, 2012 THUNDER BAY, ON: The Ontario Trillium Foundation (OTF) Great Grant Awards has selected the Kashechewan First Nation Youth Video Project, coordinated by Nishnawbe Aski Nation (NAN), from thousands of entries, as one of eight recipients of this year's awards. The group was honoured with the Great Grant Awards' Chair's Award.

In 2009, the Kashechewan First Nation Youth Video Project was awarded a community grant of \$27,000 from OTF to create a video bringing awareness to the many issues that plague First Nation youth. The topics covered drug and alcohol abuse, low employment, high suicide rates, and significant school drop-out rates. Thanks to training with a video expert, youth participants learned how to shoot, edit, produce, and screen videos.

"I'm extremely proud of the Kashechewan youth that helped make this video," said NAN Grand Chief Stan Beardy. "Encouraging our young people to express themselves teaches them career-skills, but also brings a

#### KINGFISHER LAKE WALKERS COMPLETE 500 KM TREK

William Mekanak and Bryan Sainnawap, along with others who joined at various points along the way, arrived in Sioux Lookout April 3 after walking 500 kilometres from Kingfisher Lake First Nation to Sioux Lookout, Ont. It was an emotional arrival for the group as they were joined by leaders and community members for the final leg of the walk.

Mekanak, 37, and Sainnawap, 16, set out March 16 to raise funds for a new building to house a Suboxone Treatment Program. Mekanak, a Kingfisher Lake band councillor, said he got the idea for the walk in September 2011 after the community lost two people in recent years because of prescription drug abuse.

"It is time as a leader to take a stand and show other First Nations that we need to stop (prescription drug abuse)," Mekanak said after arriving in Sioux Lookout. Currently, the community operates the Suboxone treatment program out of the local nursing station. To date, Kingfisher Lake has had two intakes of detox programming using Suboxone. The first intake was in September 2011, taking in 23 clients. The second intake in January included 18 people.

Prescription drug abuse has severely impacted many First Nations in northern Ontario. In 2009, Nishnawbe Aski Nation chiefs declared a regional state of emergency. In the last six months, two First Nations declared stronger connection to the community by showcasing issues important to our youth. The pride and confidence they have gained will have a lasting impact on all their lives."

The Great Grant Awards recipients were selected from among 4,500 groups that received OTF support between April 2006 and December 2010. The eight recipients, along with 27 nominees, will be honoured at an awards luncheon today in Toronto.

Nishnawbe Aski Nation is a political territorial organization representing 49 First Nation communities in James Bay Treaty No. 9 and Ontario portions of Treaty No. 5 – an area covering two thirds of the province of Ontario in Canada.

For more information please contact Christina Filazzola, Communications Officer – Nishnawbe Aski Nation (807)625-4928or cell (807) 251-6386 or by email cfilazzola@nan.on.ca.

community state of emergencies. Resources to combat the problem are minimal in many communities, especially for treatment and detox programs.

However, the vision for the new treatment program would open its doors not only to Kingfisher Lake residents, but to Shibogama First Nations Council member communities and other surrounding First Nations. Mekanak said the walk is just the beginning, as fundraising efforts will continue to reach \$150,000 for the new building.

"The journey must go on," Mekanak said.

Kingfisher Lake is located about 350 kilometres northeast of Sioux Lookout and is home to about 500 people. Shibogama First Nations Council is a tribal council representing five First Nations in the Sioux Lookout area.

For more information contact:

Chief James Mamakwa, Kingfisher Lake First Nation Phone: (807) 532-2067 ext. 230, Mobile: (807) 737-0773, Email: jamesm@kingfisherlake.ca

Sol Mamakwa, Health Director, Shibogama Health Authority, Phone: (807) 737-2662 ext. 2236, Mobile: (807) 738-0535, Email: solm@shibogama.on.ca **APRIL 2012** 

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# MCFN Events Calendar

	SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 Good Friday	7
A P R I	8 Easter Sunday	9 Easter Monday	10	11 Elders' Tea 1:30 - 3:30 pm COCA Cen- tre	12 Healthy Snacks after 1:30 Hand drum- ming 6:45-8:30 pm COCA Centre	13	14
L 2	15	16	17 Craft Class 6:45-8:30pm COCA Centre	18	19	20	21 Learn- ing to use a compass 1:30 pm Jillian
0 1 2	22 Earth Day	23 Posted Around Opening 7-9 pm COCA Posted Arou	24 Ind - an exhib	25 Elders' Tea 1:30-3:30pm COCA Ctr. ition of local s	26 Craft Class 6:45-8:30 pm COCA Centre how poster desig	27 Posted Around Closing 5-7 pm COCA Centre n April 23-27	28
	29	30		Niska Peesim Goose Moon			
	SUN	MON	TUE	WED	THU	FRI	SAT
		shi Peesim 1 Moon 🔊	1	2	3	4	5
M A Y	6	7 COCA Coffee House 6-9 pm	8	9 Elders' Tea 1:30-3:30pm COCA Centre	10 Healthy Snacks after 1:30 Craft Class 6:45-8:30 pm COCA Centre	11	12 Painting Workshop COCA Centre
2	13	14	15 Craft Class 6:45-8:30pm COCA Ctr	16	17 RESP * Presentation 6-8 pm COCA	18	19
12	20	21 Victoria Day	22	23 Elders' Tea 1:30-3:30pm COCA Ctr	24	25	26
	27	28	29	30	31 Craft Class 6:45-8:30 pm COCA Centre	Circle of Creative Centre is located Queen St. E	

\* Registered Education Savings Plan. (See flyer included with April Bear Fax)

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Niska Peesim



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# Governance Project Update



### MCFN Governance Capacity Development Project

The Governance Coordinating Committee (GCC), with the support of the Project Coordinator, has finished the work of the governance project. The project involves the updating and ratification of the MCFN membership code and the review and ratification of the MCFN election code. The Project is funded through AANDC's Professional and Institutional Development (PID) Program.

#### Project Notes:

The Final Draft of the Citizenship Code is under review by MCFN legal counsel, who will be making some final recommendations to the GCC.

The GCC met in Sault Ste. Marie on March 24-25 to discuss the final changes to the election code. These changes will be incorporated into a final draft.

The Chief and Council will be provided with the final

draft of the citizenship code and the election code for review and approval. Both codes will be presented to the MCFN community for ratification.

If you have any questions, please contact the GCC or the Project Coordinator, Elizabeth Angeconeb. Elizabeth can be reached at 705-254-2702, Ext. 230 or by email at eangeconeb@missanabiecree.com.

#### GCC Committee Members

Louise CampbellDebbie EwingJackie FletcherJason GauthierCraig GideonVictoria PezzoElizabeth Angeconeb (Project Coordinator)

#### List of Acronyms:

GCC – Governance Coordinating Committee PID – Professional and Institutional Development AANDC – Aboriginal Affairs and Northern Development Canada (formerly Indian and Northern Affairs Canada) RGC - Regional Governance Coordinator GSP - Governance Strategic Plan

# Opportunities for Youth

### Apply Today: Newalta Aboriginal Environmental Scholarship

In partnership with Newalta, ECO Canada will be awarding **three scholarships worth \$2,500 each to Aboriginal students** entering their first year of post-secondary studies.

Scholarships will be awarded to individuals who have shown environmental leadership in their community and have plans to pursue their interest in the environment through post-secondary education.

An environmental program can include, but is not limited to, engineering, sciences, social sciences, and mathematics. Browse our **Program Directory** for more information on environment-related programs.

To qualify for the scholarship program students must:

- Be a Canadian resident Aboriginal individual who is First Nation status or non-status, Métis, or Inuit
- Be 30 years of age or younger, with a high school diploma
- Have been accepted into an environment-related program at a Canadian post-secondary institution for the fall of 2012
- Submit a 500 word essay about their environmental values, leadership, and vision
- Demonstrate their accomplishments and ambitions in the areas of environmental protection, resource management, or environmental sustainability
- Provide a reference letter explaining their involvement in community-related environmental projects

Apply online at eco.ca/scholarships before May 14, 2012, or contact Rebecca Dickson at scholarships@eco.ca for more details.



#### Niska Peesim

# **Opportunities for Youth**

# Home is where the heart is—

it is where we spend time with family, friends and loved ones. Because we spend so much time at home, home is also where our health is. It is true that eating right and getting enough exercise and sleep are the foundation of good health and wellness for people of all ages. There are, however, other easy steps you can take to ensure your home is a healthy environment for yourself and your family.

The National Aboriginal Health Organization announces an art contest open to Aboriginal youth across Canada to increase awareness and empower First Nations, Inuit and Métis audiences with information to address environmental health issues to improve health. Use your creativity and help promote a healthy environment. **Choose an environmental issue** that may affect health both inside the home and outdoors. Think about the simple things that can be done to help keep you and your family healthy relating to indoor air, water, food safety, etc. Visit www.healthycanadians.gc.ca/environment for more information on environmental health.

#### **Categories include**

essay/short story (250-500 words), poem, artwork (photography, drawing, painting, carving or sculpture), or video (1-3 minute documentary, spoken word or song). Make sure you provide a title for your art piece or written submission as well as a brief description of the artist or writer.

#### Winning submissions will be selected using the following criteria:

- 1. Creativity shown in the submission.
- 2. How it conveys an environmental health message.
- 3. How it conveys a local, regional or national environmental health issue.
- 4. How it reflects local culture (First Nations, Inuit or Métis).

#### Prizes will be awarded to three age categories:

Junior (10-15 years of age) Intermediate (16-19 years of age) Senior (20-30 years of age)

### SUBMISSION

Application can be downloaded and sent by Mail:

Aboriginal Youth

National Aboriginal Health Organization c/o Youth Environmental Health Art Contest National Aboriginal Health Organization 220 Laurier Avenue West, Suite 1200 Ottawa, ON, K1P 5Z9

### E-mail: aaiabens@naho.ca

**FAX:** 1-613-237-1810 Or may be <u>completed on-line</u> For more information, visit: www.naho.ca/events/artcontest

### James Bartleman

**Aboriginal Youth Creative Writing Award** 

#### CALL FOR SUBMISSIONS:

The James Bartleman Aboriginal Youth Creative Writing Awards Program recognizes up to six (6) Aboriginal youth for their creative writing talent.

Creative writing pieces may include, but are not limited to, short stories, poems, essays, plays, or songs, and must be **original work** created by the student.

For each category, there will be an 'up to 12 years of age' and '13 to 18 years of age' recipient.

Each recipient will receive a certificate and a cash award of \$2,500.

Who is eligible? To be eligible for the award you must:

- Be 18 years of age or under
- Submit an original creative writing piece that has not in any part been copied from any source.
- Self identify as being Aboriginal.
- Be a student enrolled in a school in Ontario.
- Be permanent resident of Ontario

#### When is the deadline? The deadline is May 31

**How do I apply?** You can either nominate someone online or fill in and send us a nomination form. You can download the nomination form from this website in HTML and PDF formats.

**Contact Information:** www.ontario.ca/bartleman

Phone: 416-314-7526 Toll-free: 1-877-832-8622 TTY: 416-327-2391



# Opportunities

EMPLOYMENT OPPORTUNITY						
Position: Location: Duration: Hours: Rate:	Marketing Assistant Sault Ste. Marie, ON (Missanabie Cree First Nation & Circle of Creative Arts Centre) Full time (26 weeks) May 2012 with possible extension to March 31, 2013 35 hours per week, some weekends, possibly evenings 10.25 per hour					
Summary of Position: Under the general direction and supervision of the Band Administrator & Communication Officer, the assistant shall be responsible for updating website and coordinating the monthly newsletter. The candidate will be responsible to develop materials to promote services, including advertisements to membership and local business' and agencies. Develop articles on a variety of topics for the newsletter.						
<u>Qualifications</u> : Some computer skills Knowledge of Missanabie Cree programs and activities. Problem solving skills. Experience in a positive working relationship with the public and fellow staff members Demonstrated ability to work independently and with minimum supervision						
<u>Deadline</u> :	April 30, 2012					
Please mail, fax or email a cover letter and resume to: Lori Rainville, A/Band Administrator Missanabie Cree First Nation 559 Queen Street East Sault Ste Marie ON PEA 243						

Sault Ste. Marie, ON P6A 2A3 Irainville@missanabiecree.com

fax: 705-254-3292

Note: only those selected for an interview will be notified



SUMMER STUDENT

**EMPLOYMENT OPPORTUNITIES -**

Deadline for Application: April 27, 2012.

Interested Students **MUST** submit an application to be considered for summer employment.

THE APPLICATION FORM CAN BE DOWLOADED AT:

www.nan.on.ca/upload/documents/hr-jd-2012-04-27-student-application-form.pdf

The following summer employment opportunities are available: Assistant (Communications) Assistant (Education) Assistant (Executive) Assistant (Public Health) Assistant (Reception) - This position based in Timmins.

Interested individuals are required to submit a cover letter, resume and three references. Applications and inquiries may be directed to:

Ian Beardy, Human Resources Coordinator Nishnawbe Aski Nation 100 Back Street Thunder Bay, ON P7J 1L2 Ph: (807) 623-8228 Fax: (807) 623-7730 Email: apply@nan.on.ca

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# Health Notes



#### TOBACCO AND THE ADDICTION TO SMOKING

The Creator and Mother Earth have given us many gifts. Each of these gifts has special powers and as a result, they must be respected and used in the proper way. Among these gifts is a sacred medicine called Tobacco. Traditionally, tobacco has been used by many First Nations for healing, guidance, spiritual strength, discipline and protection. The Elders have taught us that all medicine is powerful and each has a good side and a bad side. If misused, tobacco, like medicines, has power to hurt you.

Today, many First Nation youth feel pressure to use tobacco in a different way. Sometimes they are pressured by their friends to smoke, but mostly they are pressured by the media.

Each year tobacco companies spend millions of dollars on advertising which tell youth that they need to smoke cigarettes in order to be cool, glamorous and exciting. What they don't tell you is just how dangerous smoking really is.

#### YOU NEED TO KNOW THE FACTS

#### **Heart Disease**

Whether we smoke or chew tobacco, this habit can be very harmful to many of the organs inside our bodies.

Among the organs most affected is the heart. All smokers are at risk of heart disease, stroke or disease of blood vessels. Every year, over 80,000 Canadians die of a heart attack or stroke.

More smokers die from heart disease than from lung cancer. When you smoke, the nicotine in the cigarette causes the heart to beat faster and forces it to work harder. A second chemical known as carbon monoxide robs the blood of oxygen. As a result, the heart does not receive all of the oxygen that it needs.

Smoking can also lead to arteriosclerosis or hardening of the arteries, which can build up of fat (or cholesterol) on the inside walls of the arteries. When this condition affects the legs, it is called peripheral vascular disease. It can lead to leg pain, difficulty in walking, gangrene and ultimately loss of limb.

According to the 2002/2003 RHS, data heart disease is much more common within First Nation adults than the general Canadian population. The rate is 7.6% in First Nation adults as compared to 5.6% in the general Canadian population.

Also heart disease is more common in First Nations women 8% compared to 5.1% of the general population, notably the high rate of heart disease for women aged 60 and over is 22.4% compared to the general population of women 60 and over at 15.6 %.

#### Did you know...

Smokers are twice as likely to have a stroke as non-smokers

Women who smoke and also use oral contraceptives such as the pill are 10-20 times more likely to experience heart attack or stroke than non-smokers.

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Tobacco-related cardiovascular disease is the largest cause of premature deaths in Canada. Regardless of how long or how much you smoke, your risk of heart disease increases each time you light a cigarette. It is important to stop smoking before the signs of heart disease appear.

#### How to reduce the risks.

- Stop smoking.
- Avoid second hand smoke
- Eat a balanced diet, maintain a healthy weight
- Make exercise a part of your lifestyle.

#### **Breaking the Smoking Habit**

- Team up with a friend who wants to guit smoking. This way you can rely upon one another to help to overcome temptation.
- Figure out why you smoke. For example, do you smoke for pleasure, stimulation or relaxation, to reduce tension or frustration, to have something in your hand or mouth, to satisfy a craving.
- Perhaps you smoke out of habit, lighting up without thinking about it. Once you understand why you smoke, you should be able to find substitute activities.

### OUR NEXT ISSUE OF THE BEAR FAX WILL HELP YOU TO FIND MORE WAYS OF **BREAKING THE HABIT**

(Information provided by Assembly of First Nations.)

### **SMOKING CESSATION RESOURCES**

Canadian Cancer Society www.smokershelpline.ca

The Lung Association Ontario www.quitandgetfit.ca

Health Canada www.gosmokefree.ca

www.stopsmokingcenter.net This website and support community can help those who have recently quit, or those who are thinking about quitting smoking. People can talk to experienced quitters in an expert moderated Support Group, find a Quitting Buddy, or create their own free customized guit program that will track their progress and give them the help when they need it most. There is no cost to participate in the program

# Concerning the Earth

### WHY ENVIRONMENTAL LAW IS GOOD FOR THE ECONOMY AND THE PLANET

Canadians know we depend on a healthy environment. We also rely on a stable economy, which is fuelled by natural resources and thriving ecosystems. Environmental laws help ensure the environment and the economy are equally protected and promoted, not just because we need them both, but because one begets the other. Canadians know we depend on a healthy environment.



We also rely on a stable economy, which is fuelled by natural resources and thriving ecosystems. Environmental laws help ensure the environment and the economy are equally protected and promoted, not just because we need them both, but because each needs the other. The federal government has made it clear that they intend to change environmental laws as part of their big-



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ger agenda to promote corporate Canada. But promoting industry at all costs isn't the same as building a sustainable economy. And it definitely doesn't get us closer to protecting the clean air, water and land we all need to survive.

Truly effective environmental laws make sure, among other things, that companies design projects that cause the least amount of environmental harm and make the best use of resources. Laws also make sure these companies are the ones paying the costs of preventing or repairing damage to the environment, rather than downloading them

to taxpayers as clean-up costs or healthcare expenses. In short, regulation forces companies to take care of the environment as part of the price of doing business.

Effective environmental laws should prevent decision -makers from rushing approvals for projects that could hurt our communities, our environment and our economy in the long-term – not the opposite. Rushing to approve projects that create temporary jobs and export our natural resources to the lowest bidder is not synonymous with creating economic stability for Canadians. It's not great for the environment, either.

We depend on governments to use laws and other tools to protect our health, the environment and the economy. We don't need them to act as an advocate for one interest (industry) over another (people).

Whether it's monitoring toxic contamination, preventing oil spills, sustaining fisheries' resources, creating national parks, or protecting ecosystems and species from extinction, the federal government is elected to use its power and laws to promote healthy environments, people and economies.

Check out our backgrounders to learn more about Canada's federal environmental laws - including the Canadian Environmental Assessment Act and the Fisheries Act - and why they matter.

To stay informed about changes to Canada's environmental laws and what that means for you, sign up for our newsletter (on our homepage) at www.ecojustice.ca.

By Devon Page, Executive Director Ecojustice

*Ecojustice is Canada's leading charity using the law to protect and restore the environment.* 

## 3 great reasons you should support effective environmental laws

1. Federal laws protect the air, water and land we (and all species) need to be healthy, and help keep us safe from pollution and toxic chemicals.





2. Environmental laws support a sustainable economy by better protecting our natural resources and ensuring that industry - not taxpayers - covers the cost of repairing damage to the environment.



3. Effective environmental laws allow us to balance economic growth with the need to leave Canada - which is fortunate enough to have a great deal of intact and healthy nature - in equal or better shape for future generations.





# MCFN Membership

#### Ted Ouellet -**Registration Administrator** 174B Hwv 17East

Garden River, ON P6A 6Z1 Phone: (705) 254-2702, Ex. 228 Fax: (705) 254-3292 Email: touellet@missanabiecree.com Toll-free: 1-800-319-3001

If your name appears on the Birthday Greetings page incorrectly, please contact Ted Ouellet.

The following is a list of band members for whom we do not have a current mailing address:

Dorothy Bain (Bignucolo) Daniel Rocheleau Kaleb Jeffries William Jeffries Jeremy MacDonald Allan McDonald Cynthia Nemeth Craig W. Pelletier Natalie Pelletier

Iana Ruth Jayson Ruth Theresa Ruth Catherine Wesley Juliana Holly Wesley Michael Wesley

Our MISSING ADDRESS LIST fluctuates as members move around and do not send in their new address. When a monthly newsletter is returned by the Post Office, the member's name will be deleted from the mailing list, until I/we receive their new address.

PLEASE NOTE: I CANNOT RECEIVE ANY CHANGE OF ADDRESS FROM ANYONE ELSE: ONLY FROM THE PERSON INVOLVED, the reason being, anyone can call in and report an address change without their knowledge. Please use the change of address form below and mail or fax it to Missanabie Cree First Nation or call or email Ted Ouellet at the address noted above

#### Members, please keep your address up-to-date, by filling out the change of address form below so you don't miss out on pertinent information regarding band business.

Names of deceased members are not removed from the band voter's list unless the information is provided to Indian Affairs. Anyone with funeral information (i.e. name of funeral home/location), date of death, a death certificate, or anyone who can be contacted for this information, please call or leave a message with Ted Ouellet at the MCFN Band Office.

Miigwech.



### MISSANABIE CREE FIRST NATION

### CHANGE OF ADDRESS FORM - - For Band Members

SURNAME	
First Name and 2 <sup>nd</sup> Name	
ALIAS/BAND #	
DATE RECEIVED	:.'
NEW ADDRESS	
CITY/PROVINCE	
POSTAL CODE	
E-MAIL ADDRESS	
TELEPHONE #	
SIGNATURE	

### VISION STATEMENT OF THE MISSANABIE CREE

We are the Anishnabe of the Missanabie Cree First Nation whose vision is to have a united and self-governing body that will determine our destiny guided by the seven laws.

We have a vision of a leadership that is open, honest, trustworthy; a leadership with conviction, accessible to the people; a leadership that is progressive yet respectful of our traditions, values and beliefs; a leadership with confidence, always watchful and assertive

in protecting and preserving the treaty and aboriginal rights of our people;

a leadership that is directed by our people

and with exclusive accountability to our people and our people alone.

We have a vision of our community re-established on the traditional lands that were once the homeland of our ancestors

where institutions of our government, economy and education can once again thrive.

We have a vision of a people where individuals and families can stand strong and find healing through tradition and spirituality; individuals and families who are loving and compassionate.

We have a vision of a people who are bi-cultural and bi-lingual; a people who can walk in both worlds contributing to our well-being, the well-being of our brother and sister First Nations; contributing and competing globally.

We have a vision of a Nation of people who respect the dignity of all; a people who find balance through equality of all ages, male and female alike.

We have a vision of people who respect the environment, harvesting and reaping the resources of the land in a sustainable manner as responsible stewards for the use of future generations.

We are the Anishnabe of the Missanabie Cree First Nation whose vision it is to regain and restore our rightful place and through the strength of our people, never again be denied our place in society.

#### MISSANABIE CREE FIRST NATION

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#### MCFN Chief & Council + Staff

Chief Kim Rainville ex. 236 Deputy Chief Bobbi Fletcher-Decorte ex. 504 Councillor Jason Gauthier ex. 507 Councillor Roy Gideon ex. 505 Councillor Jutta Horn ex. 227 Councillor Edward Robinson ex. 506 A/Band Administrator Lori Rainville ex 222 Reception June Markie ex 221 Bookkeeper Louise Campbell ex. 224 Program Development Lesley Gagnon ex. 226 Administrative Assistant Gladys Hawkins ex. 231 Registration Administrator Ted Ouellet ex. 228 Negotiations Coordinator Jutta Horn ex. 227 Communications Elizabeth Angeconeb ex. 230 Cultural Coordinator Isabell Souliere ex. 232 Land Use Planner Archie Nolan ex. 235

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