# Bear Fax



A o paoo Peesim Birds start to fly Moon September 2017

www.missanabiecreefn.com

Missanabie Cree First Nation

In the aftermath of the havoc wreaked by severe hurricanes, Harvey and Irma, we recognize that human be-

ings have always come together in the face of disasters or other tragedies. But perhaps it is time to think about how we can work to build a more stable future for ourselves and for our children and grandchildren by planning together.

One of these ways is to work together. Some of the staff of the Missanabie Cree First Nation have begun to meet together as a Wellness Team, to talk about how the health, social and governance programs can creatively come up with activities that will foster community and social well-being for our families.

Another way is communication and building supportive

relationships. This can be done by bringing people together - through discussions, sharing circles,

activities and ceremonies. This was the intention of the Gathering Planning Committee, and came about as a result of asking community members what they would like to see and do at the Gathering.

Another initiative that evolved out of the Comprehensive Community Planning meetings was the development of community hubs in places where there are large numbers of MCFN members. Community hubs are starting up or in the process of starting up in Thunder Bay, Missanabie, Sudbury, and Sault Ste. Marie.

It is exciting to see all this happening and to think about what good things may come when we put our minds and hearts together.

# Events/Gatherings:

Follow MCFN on Twitter.



### **Dreamspeakers International Film Festival**

September 20-23, 2017 Edmonton, AB http://dreamspeakers.org/

### Water is Life (but many can't drink it)

September 24, 2017 Toronto, ON www.rabble.ca/whatsup/water-life-many-cant-drink-it-2

### Before the Flood - film screening

September 27, 2017 Toronto, ON www.rabble.ca/whatsup/flood-film-screening-3

### **Orange Shirt Day**

September 30, 2017 Everywhere, CA www.orangeshirtday.org/

### Moving Forward Together—Survivors Gathering

September 29-30, 2017 Brantford, ON woodlandculturalcentre.ca/event/moving-forward-together/

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# Messages from Council

Watchay everyone,

What a great Gathering this year! Thank you all those who participated and were part of all of the events. There sure were a lot of them!

I am still plugging away on getting our treaty land entitlement negotiated and getting our reserve transferred.

This has been a great year so far with new staff and many new programs. I hope to have as many members involved in our programs and initiatives as possible.

In the spirit of unity, Chief Jason Gauthier



**BEAR FAX** 

Our friends and colleagues from Mushkegowuk Council....

Aanii, wachaye, family, friends and MCFN's citizenship Another year has come and gone. I was pleased with the turnout at this year's Gathering. There were a few ups and downs, but I believe they were all worked out. I would also like to thank Doreen, all the office staff, kitchen staff and volunteers for all the hard work in making this year's Gathering a success.

I apologize for missing the couple of newsletters. As previously stated we were in the moving mode. I am happy to say we are getting settled in. I have to say this was a hard decision for us, as we left our much loved grandchildren in Toronto and Brampton.

I have to say I like being in Sault Ste. Marie, near the local membership and the hustle and bustle in the office.

I am pleased to say Chief and Council are proactive with all our partners and we continue to move forward. There has been a lot of movement on the TLE and I am staying positive.

I still strive on unity of our First Nation and would like to thank everyone for all the hard work in trying to move our First Nation forward.

Miigwetch, Councillor Les Nolan

### From the Desk of:

### BAND ADMINISTRATOR

Watchay Everyone,

I hope everyone returned home safely with many fond memories of this year's Annual Gathering. This was my first Annual Gathering as a Band Administrator and member and felt it was well-orchestrated as a result of a lot of hard work from staff and volunteers! There was a great turnout and it was nice to meet members and their to thank all the students for the great job and contribufamilies. The scheduled events were well attended, our motivational guest speaker Craig MacFarlane was inspiring along with our partners being very informative.

Staff are turning their attention to regular business now that the Annual Gathering has passed and was a success. The Summer Students have completed their contracts and have either returned to their educational studies or ventured onto other endeavours. I would like tions you have given to our First Nation – excellent job!

Miigwetch to all! Doreen

**BEAR FAX** A o paoo Peesim September 2017 Page 3

### **ELDER/YOUTH COORDINATOR**

Whahchay:

See following write-ups and pictures of events I was involved with or coordinated at our Annual Gathering. (See pages 10-15.)

Big Band Theory/Windego **Signature Rock Painting** Youth/Elder discussion **Elder Council meeting** Bingo/Auction What Happens Next.... **B.G. Bridging the Gap teachings Fundraising Building Self Esteem session** 

30 Second Summary/Resume Writing and Bannock **Tasting Contest** – none of these happened as there was no interest

Water ceremony – was done on Thursday at 9:00 a.m. Many attended and Theresa Binda did three water songs in the teepee. We then made our little water vessels out of birchbark and twigs. Offerings were put in the water vessel with a prayer and launched in Dog Lake.

Give Away - was announced early in the Gathering and Gloria Harris spoke of the procedure and protocol and was done on Friday evening

It was such an awesome Gathering. Thanks to the students and their constant availability. I feel these Gatherings are getting closer to what the membership wants, which is more youth involvement, family time, recreation, cultural teachings and getting to know how we are all connected. The only regret I had was not being able to attend other presentations that I planned to see because I was so busy.

Jackie Fletcher

### HISTORICAL RESEARCHER/ADMINISTRATIVE ASSISTANT

Hello to all...It was very nice to see everyone at the Gathering. It was great to meet some family members whom I have never met. I now have faces to go with the names. The power point presentation that I put together job to do and I cannot thank them enough for their perand showed at the Gathering was a work in progress as I am still waiting for photos of moms, dads, aunties and uncles etc. who have passed on to the spirit world. Any pictures that you would like to share can be emailed to me at the address below. There were some photos that were added where I may not have had a date of birth or date of death. If you would like this added to your family member, please forward me the information so that I can update it.

It has been a busy summer trying to locate and organize historical information. I am so grateful to my student assistant Michael Trembley who sorted through and organized everything in the basement here at the band of-

fice. Also, to all the students who were employed here for the summer as they were a huge help with sorting through boxes and removing the garbage. It was a huge severance. Excellent job!

If there is anyone who has anything they would like to share whether it be stories or photos, I would be happy to include this in the historical archives.

I have reached out to some of you through Facebook so if you have any pictures of your family that you would like to share, you can also send them to me through messenger. I look forward to hearing from you.

Miigwech,

Deb Rogoschensky

drogoschensky@missanabiecree.com

### **COMMUNITY DEVELOPMENT COORDINATOR**

### MEDICINE WHEEL TEACHINGS FOR ALL



Everyone in the world is on the wheel, the 4 racyellow, black and white. This emphasizes how all levels of being are related and connected

through a life force originating in the creation of the universe. While we know that people do not literally have those shades of skin colour, they are the designated colours for each direction. Yellow can also relate to the colour of the sun. The south where it is hotter is related to the colour Red. Black in the west for the sun going down and nighttime and white in the north is where a new day gets ready to be born. So the cycle begins and continues for eternity.

The wheel is circular, like Mother Earth, who gives us everything we need to survive. Sometimes called the wheel of life, it can be used to teach us how life can be managed with roles and responsibilities. The term, Medicine Wheel is used more often as it contains all aspects we need to live a balanced, healthy life. All wheels are important and depend on each other in the cycle of life; what affects one affects all, and the world cannot continue with missing parts. For this reason, the Medicine Wheel teaches that harmony, balance and respect for all parts are needed to sustain life. A good example is the 4 elements: AIR - FIRE - WATER - EARTH.

Indigenous people were given the task of stewards of Mother Earth. That is why you will always hear the teachings from Knowledge & Wisdom Keepers on respecting Mother Earth and all that lives on her. Without clean AIR. we cannot breathe, without clean WATER we cannot hydrate our bodies, without FIRE we cannot keep warm or cook our foods and without a clean EARTH we cannot live a good life.

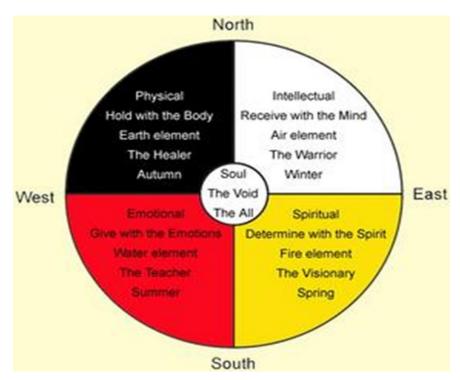
**EAST:** the yellow direction is where all life begins. A new day begins with the sun rising in the east, and the seaes of the world - the red, son of SPRING brings a new life cycle for all living matter. FIRE is an element we need to survive, to cook our foods, heat our homes to name a few. Fire when used parts of the world and all responsibly is a helper but when abused it can cause forest fires and other destruction to all living things in its path. The spirit animal is the EAGLE. We know the Eagle flies the highest of all birds, therefore we say that when we burn TOBACCO in our pipes and smudge bowls, the eagle carries our prayers to the Creator. BABIES and CHILDREN are in the East. For personal attention to our journey, SPIRITUAL development is in the east.

> **SOUTH:** this is where the colour RED is and the season is SUMMER. SWEETGRASS is the medicine and the WOLF is the animal spirit. The element is EARTH and this is where the YOUTH are in terms of movement and growth on the wheel. For our journey of learning to express and feel, EMOTIONAL is in the south.

> **WEST**: the time of year is FALL and the colour is BLACK. The Bear sits in this direction and prepares for the long sleep until spring. The medicine is SAGE and the element is WATER. Adults are here, having grown from baby to youth to adult. When our people die, we say they go out the western door. We need to pay attention to our PHYSICAL development and this gift is in the west.

**NORTH:** the colour is WHITE and the element is AIR/ WIND. The medicine is CEDAR and the animal is the BUFFALO. The time of year is WINTER. This is the place where ELDERS sit, having made the journey and gained knowledge and wisdom on their journey. MENTAL development sits in the north direction and this is where we develop our minds.

# Medicine Wheel Teachings for Youth Development



Medicine Wheel with Youth development as the focus. Our Youth are our future leaders and they currently are confronted with high risk lifestyles and other obstacles and barriers. Community Elders and Adults need to take responsibility to love, cherish and guide them with good teachings.

Every individual is at the centre of their own wheel. Our babies are born in the east and directly across from them is the west where adults are. It is the adult's responsibility to take care of the babies, whether it is the Mom, Dad, Uncle, Aunt. Traditionally it has been said that the aunts and uncles take on lots of child rearing including discipline, which leaves the mom and dads to do more of the direct loving and keeping that relationship gentle and nurturing. Discipline then is not like we know it today. Discipline was not abusive or hurtful.

The youth sit in the south direction and Elders aka Knowledge and Wisdom Keepers sit directly across from them in the north direction. This is where we get the youth to elder and elder to youth connection. The elders have travelled the wheel and have gained that knowledge and wisdom and their responsibility is to share with the youth and the youth's responsibility is to listen to the Elders as they share their life lessons.

Our wheels have been upset and unbalanced by colonization. Youth are having babies and elders are taking care of babies. Adults that missed out on nurturing and essential time of loving and care in those tender years are lost in parenting and the results have been high numbers in care of the government institutions and other negative outcomes.

Everyone needs the opportunity to be the Visionary, the Teacher, the Healer and the Warrior.

### ASSISTANT MANAGER, IVC INTERN

To all Staff & Band membership of Missanabie Cree First and seek work which I can fulfill all my job responsibili-Nation

by offering me the respected status of Island View Camp Assistant Manager Intern over the past year. I was privileged and happy for the awesome job position and have been wishing of being in a position to help further along a business and its ventures all my life.

In the past I have owned and operated my own business and this was great to experience something different. I have been blessed with the entrepreneur spirit and love witnessing businesses grow. I assure you that the knowledge I have obtained will follow me in my future employment and even everyday life situations. I continue

ties with utmost dedication and perseverance.

I write this with earnest gratitude for the kindness shown. It was a great place to work and all the membership was awesome and I think I learned lots from every individual I encountered. Friends are the creator's way of taking care of us and I certainly was taken care of. I have created lots of friendships and work relationships which I will hold dearly to me. Thank you once again for believing in me and giving me this opportunity.

> We are made wise not by the recollection of our past, but by the responsibility for our future.

> > Miigweetch Standing Strong Man- Gwii Gaabiik Nini



### FAMILY SUPPORT WORKER

I hope everyone had a fantastic summer holiday and that everyone enjoyed the MCFN Gathering 2017. Well, it is Back to School for all students. The Family Support Program would like to wish all returning and new students a happy and resourceful school year.

I would like to remind all MCFN band members that if you are expecting parents please email me your address and the expected date of arrival for the baby. This is so the Family Support Program can issue you a Welcome Gift for your special new edition and we can celebrate our new addition to the Missanabie Cree First Nation community.

As well I would like to let all membership know that I am



available

for referrals to counselling, substance abuse treatment programs, family treatment programs, Beauty for Ashes program, and out-patient treatment programs.

The Family Support Program works closely with band members who may require or need support services or for those who may be involved with Child Protection Services. Missanabie Cree First Nation will ensure you are appropriately represented and that your voice and concerns are expressed when dealing with other service providers. We care and will do everything possible to assist you in any we can.

Miigwech, Patricia A. Lesage

### **COMMUNITY YOUTH WORKER**

Wacheyeah,

My name is Lisa Souliere and I am the new Community Youth Worker for Missanabie Cree First Nation through Mushkegowuk Council. I offer a variety of support and will be creating programs that host activities for ages 6-13, 14-18, and 19-29. If you have any questions,

ideas, or need assistance with community referrals, I can be reached at the band office at ext. 244. Stay tuned for the Youth Facebook page that will be dedicated to announcements and updates.

In Spirit and Community, Lisa Souliere

# Youth Speak

### **Youth Updates**

Hello!

Hopefully everyone has transitioned well back to everyday life after the gathering, and now are ready for the school year. I was excited to see the youth engaged in activities and volunteering their time to help make the gathering a blast.

I want to refresh everyone with what was discussed amongst the youth in regards to forming a youth committee. We want to create a committee instead of a council. This is because we want to be more involved with culture instead of politics; the youth committee will aim to focus on educating ourselves with teachings and knowledge, ceremony, the rights of passage and uniting the youth. We want to master walking in both worlds by learning

our culture and learning skills to be used at home, work and school such as CPR and first aid training. The idea of being able to visit other communities was brought up as well. Another idea was to create small hubs, similar to the CCP hubs, in areas with a sizable Missanabie youth population and work in unison to our goals.

These were the main points brought up by the youth, and I am hopeful to see more youth raising their voices towards what we want to see. This all would be volunteer based, and if any youth are interested and want to be involved with this growing idea, reach out! Let me know! Be engaged so that what you want to see will be seen! My email is <a href="majorage-apezzo@missanabiecree.com">apezzo@missanabiecree.com</a> just in case you don't make it to the back of the newsletter.

Alexandra Langford-Pezzo, Youth Rep

### MCFN Youth Gathering 2017

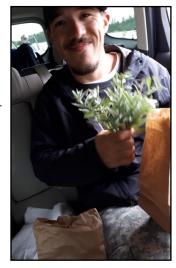


Councillor Chelsie Parayko

An MCFN Youth Gathering was held at Island View Camp in the week preceding the Annual Gathering in August. The youth gathering was organized by Councillor Chelsie Parayko, and assisted by Dakota Souliere.

A nature walk out on the land was led by the MCFN Environmental Steward Isabell Souliere who demonstrated how to recognize Labrador tea, Winter Green, Sweet Fern and Sage which are medicines that can be harvested in the bush. Participants made and enjoyed four different teas and two sites were visited for medicine picking. The short length of the sage was due to MTO cutting in an area near the road.

-Photos and info courtesy of Isabell Souliere.



Participant Neil Ewing

# Elders Speak

My Name is Pamela Rew and this was my second gathering I have attended. My first gathering was last year. My brother is the late Phillip Cannon. I was fortunate to attend, as Phillip passed away in November that year. This year my partner Ted and I made the long trip to Missanabie and Island View camp. As we crossed into Island View Camp I said to Ted, "I feel like I am Home".

Upon pulling in, we were greeted by a group of helpers (Les, Ken, Davey, Carol, plus a few others). In fact Ted had valet parking thanks to Davey and his extensive trailer skills. That was great after a 16 hour drive and a few Timmies. We were beat so the help was really appreciated.

In the morning we arose to a beautiful setting. The beauty of the area is overwhelming; Dog Lake, the camp and the people. Everyone is very friendly and made us feel part of the family. Registration day, I introduced Ted to the other Elders and part of the council. Ted was nervous but very fast became comfortable. Ted spoke to Jackie Fletcher and said he would help with the bingo. We signed up for Drum making and Ted signed up to make a pipe. I was at the Elders Meeting where I got to

WELCOME TO
WELCOME TO
SLAND VIEW CAMP
DOG LAKE
HISSANABIE, ON

meet the Elders whom I have only talked to on the phone for our meetings. It was nice to put faces to the names.

It was an honour to be recognised and given beautiful handmade blankets. Thanks to the Chief and Council. The meetings were enjoyable but the one meeting that stands out was the meeting with our youth. These are future of our tribe. The youth are so respectful of the members of the tribe but are especially respectful of the Elders.

I would like to thank Jackie Fletcher for putting together the work shop "What Happens Next" and to all those who attended.

We are looking forward to the next gathering.

Migwech
Pamela and Ted

(Photos courtesy of Riley Smith)



Healing Lodge Teepee

# Community News and Notes

Happy Birthday to my daughter in-law, Kasha.

Sept 06, 2017

Ted Ouellet

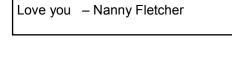


Happy Birthday to my niece, Glad Sorry I missed your party, I was not feeling well. Love. Auntie June

I would like to wish my son Richard Happy 50<sup>th</sup> Birthday Love you, MOM

Happy Birthday to my great grandson, Joseph Martin.







Happy Birthday to my grandson Chandler Myers. Love you - Nanny Fletcher



Happy Birthday to my grandson, Logan Fletcher.

Love you Nanny Fletcher



Happy Birthday to Kyle and Kasha.

Love, Auntie June





# Invitation to a Sharing Circle

Sault Ste. Marie Hub

would like to invite members to a Sharing Circle at MCFN band office on September 21, 2017 @ 6:00pm. Snacks will be provided.

Everyone is welcome. For more information, please contact Deb Rogoschensky, Ext. 243 or by email to drogoschensky@missanabiecree.com





Two boys, first cousins, were born to the Nolan family during the time of the Annual Gathering. When news of their impending births reached their grandmother Jennifer Nolan, she rushed back from the Gathering to London, ON and was there in time to greet her new grandsons when they were both only a few hours old.

Conner is the new-born son of Jennifer's daughter, Marissa while Toby is the new born son of Jennifer's son Timothy. These two boys were born in the same city and just minutes apart.

> We wish these babies and their families all the best.

### **Conner Timothy Richard McDonald**

Born on August 16<sup>th</sup>, 2017 @ 5:11 pm 7lbs 11ozs and 21 inches long.

Born to Marissa Smith and Justin McDonald Grandparents Jennifer Nolan and Tim Simpson Sr. Great grandson to the late Lloyd Nolan Sr. and Laurie Nolan



### **Toby Lionel Simpson**

Born August 16<sup>th</sup>, 2017 @ 5:33pm 8lbs 6 ozs 21.5 inches long Born to Timothy Simpson and Shailyn Ireland Grandparents Jennifer Nolan and Tim Simpson Sr. Great grandson to the late Lloyd Nolan Sr. and Laurie Nolan



# Annual Gathering 2017

### **Big Bang Theory/Windego Mythology presentations**

with Zachary Rogoschensky and Jackie Fletcher

There were 9 participants (Alethea, Margaret B., Joanna, Jordin, Gloria, April, Fay, Deb R. and Dixie Snyder plus a couple of children). Zach presented his theory using balloons to assist with his description. His next topic was the Windego mythology and he described what the windegos are and drew pictures of the windegos. Jackie related her experience/story about a windego picture and its connection to Manitou Mountain.



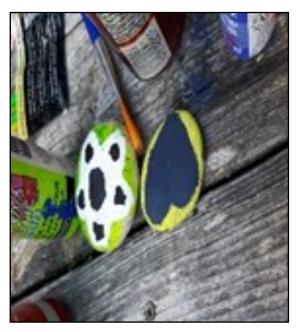




Jackie Fletcher

### Signature Rock Painting Workshop – with Ivan Fox & Jackie Fletcher







Ivan Fox





# Annual Gathering 2017

### **Elder—Youth Teachings**



**Bridging the Gap** is the initiative of the Elder Youth Coordinator, Jackie Fletcher, who is interested in bringing elders and youth together to share their knowledge. (See page 20 for more information.)

At the Gathering, Elder teacher Broderick (B.G.) Fletcher shared his knowledge using his models in the teaching area at the Pavilion.



### Bingo/Auction - Elders Fundraising Event

Thanks goes out to all the helpers for this event:

Alethea Pezzo, June Markie, Jackie Fletcher, Shirley Horn, Ted (Pam Rew's partner), Les Nolan, Bonnie Wiebe, Brittany Wiebe and Lesley Gagnon.

Thanks to Chief Gauthier for securing an awesome bingo machine.

A huge thank you to all the members who donated items for the auction and bingo prizes.









# Annual Gathering 2017

### **Elders Council Meeting – Gathering 2017**



### Attendees:

B G Fletcher, Cheryl Macumber, Marion Nolan, Jackie Fletcher, Pam Rew, JoAnn Pezzo, Glad Hawkins, Shirley Horn, Judy & Michael Bopp (guests), Marlon Mac-Donald, Kathy Beaudry, Audrey Bateson, John Fletcher & Hazel Fletcher in the background

### **Building Self Esteem session** was held in the teepee behind

the MPF. The four of us had a wonderful discussion about self-esteem, what it means and how to develop this feeling coming from each of our perspectives.

Cheryl Macumber, Jackie Fletcher, Chandler Myers and





Smokey the Bear with MCFN youth members

# Annual Gathering 2017

### **Elder/Youth Discussion Session**

**Teepee at the Healing Lodge site.** Students started a fire before the meeting.

**Opening prayer:** Michael Tremblay Introductions were done

Attendees: Dominic Macumber, Jeanette Macumber, Jordin Pezzo, Michael Jeremiah, Kat Genier, Cheryl Macumber, Marion Nolan, Jackie Fletcher, Luchiano Pezzo, Alethea Pezzo, Joanna Bergeron, Sage McLeod, Lisa

Souliere, Shirley Horn, Pam Rew, Audrey Bateson, Alexandra Langford-Pezzo, JoAnn Pezzo, Jordin Hew (guest), Louis Bissaillion, Abigail Ouellet, Lillian Ouellet, Dave Ouellet, Mike Tremblay and Jessica Christiansen.

Jackie opened up the discussion and asked about what people want to see at the Gatherings, what they don't want to see and any suggestions or comments. She talked about a wellness team in the office. Family Support Worker, Family Well Being Coordinator, Elder/Youth Coordinator, Community Youth Worker, and C&C Youth rep. Everyone works very well together and the 7 students that were hired were phenomenal in assisting in wherever they could and did what they were instructed to do.

Pam appreciated youth opening doors for her and coming to take her tray. Marion wants more youth participation. Weather is a big deterrent. More organized and better communication is needed. Lisa (recently hired as the Community Youth Worker by Mushkegowuk) started taking notes. Audrey would like everyone to get together and we need to talk about how we are connected. Our roots come from James Bay. Alethea wants more activities for the youth – lunch box social, canoe jousting. Also another idea was to have an "eco-challenge" which would be good to bring back. Jutta Horn was the organizer.



Marion suggested to have activities for a group from 9 – 14 as well as younger and older groups – Lisa taking notes.

Suggestion for a community Youth center and an Elders space.

JoAnn talked about the "community hubs" we need to start thinking about centers for each hub. Youth/Elders in the hub areas get together once or every second month to talk about connections and start planning for the next gathering. Maintain connections. The "hubs" will be in the newsletter.

Jackie enjoyed youth being part of the planning for the gathering and to be involved and included - pointed out signup sheet for Youth and Elders in registration packages.

Another comment was, "I like that lots of people are sitting here and pleased about the big turnout for this venue".

Shirley pointed out the need to get involved in the language and hope the youth can do this. "It is the connection to who you are, to the land and to the community. It is your burden to take up now".

Louis said the closing prayer.

Page 14 September 2017 Birds start to fly Moon BEAR FAX

# Annual Gathering 2017

### **What Happens Next Workshop**

### Report by Jackie Fletcher E/Y Coordinator

**Attendees:** Jackie Fletcher, Shirley Horn, Gloria Harris, Pam Rew, Jaimie Nolan, JoAnn Pezzo, Margaret Bergeron, Terri Lee Montgomery, Charlie Montgomery, Deb Rogoschensky, Elizabeth Angeconeb, and Patti Lesage

Jackie Fletcher: Smudge was lit and offered

Gloria Wesley: said the opening prayer with a reading that speaks to the passing of loved ones called

### **Inside Our Dreams:**

Where do people go to when they die?
Somewhere down below or in the sky?
"I can't be sure, grandad, but it seems
They simply set up home inside our dreams." By Jeanne Willis

### Main Topics:

**Power of Attorney** – needs to be done when person can't take care of their financial or personal affairs due to ill health while they are alive. Medical records are off limits if no power of attorney. Once they die the "power of attorney" dies with them

Executors - this is the person who will take care of the assets of person who has passed

**Wills** – this should be done while you are in good health. It names who the executor will be of your estate and what you want done with your worldly possessions and how they are to be distributed. If not, the government will determine what to do with finances and assets. Could take months

Veteran Affairs Canada - has a Funeral Burial Program if finances is an issue

**Stages of Grief** – Denial/Anger/Bargaining/Depression/Acceptance/Upward Turn/Reconstruction and Working Through/Hope

**Decolonizing our death process** – we need to develop a traditional format

Community Grieving – especially in First Nation communities

Personal Planning Guides handed out

Where Else To Go For Help When a Family Member Passes - Handout

This topic needs to be ongoing as stated by the group - Community hubs

Gloria did the closing with "Where do they go to" poem

Where do they go to, the people who leave? Are they around us, in the cool evening breeze? Do they still hear us, and watch us each day? I'd like you to think of them with us that way.

Where do they go to, when no longer here?

I think that they stay with us, calming our fear

Loving us always, holding our hands

Walking beside us, on grass or on sand.

Where do they go to, well it's my belief
They watch us and help us cope with our grief
They comfort and stay with us, through each of our days
Guiding us always through life's mortal maze
KevF- 21st August 2007

### **What Happens Next Workshop**

### WHERE ELSE TO GO FOR HELP WHEN A FAMILY MEMBER PASSES SUDDENLY

- Social Services If you want assistance from Social Services, you must apply there first before going anywhere i.e. Canada Pension. In Ontario Social Services, gets a discount from the funeral home. They also take all credit cards, cancel them and notify the companies that the person has passed. The cards are then destroyed. If there is a balance owing the card company has to bill the estate. If not enough in the estate it is written off
- \*Canada Pension pays up to \$2500.00 for funeral costs in Ontario. For Ontario, contact the
   Ontario Pension Board to see how much will be paid

Email: e-services assistance or general queries <u>clientservice@opb.ca</u>

416-364-5035 1-800-668-6203 Toll Free (Canada & U.S.A.)

Website: www.opb.ca

\*Look into the pension board of your province if not from Ontario

### Missanabie Cree First Nation

One member of the family can ask for assistance to help with funeral arrangements There is \$250.00 from fundraising and \$250.00 from RAMA fund

### Indian Friendship Centre

Contact the center nearest you and ask if they can help in any way. In Sault Ste. Marie they will sometimes provide a space to hold a feast and can refer you to traditional people if that is the route you want to go

### Traditional service

Go to any reserve, First Nation community or Metis group and ask for assistance

- Funeral home takes care of government id's social insurance, health card, driver's licenset
- Taxes need to be filed one year after the person has passed
- GST, Trillium (in Ontario only) will only be paid for the month of death to the estate
- Whatever day your family member passes, the cheque following in the same month goes to the estate but if you are the surviving spouse you would be entitled to final cheque
- Prepaid Funeral if family member has this done then you need to go this route for the funeral

# TLE Negotiations

## **Report from appointed Elder to TLE Team** August 31, 2017

Wachay,

I would like to begin with a thank you to Chief and Council for considering me for the role as Elder to the TLE negotiation team. It is an honour and I take the responsibility very seriously as the Elder representative for our community.

For those who don't know me, I am the son of Ken and Helen Nolan. My family connections are far and wide in the community stemming from the Fletchers (Grandmother Emily, Great Grandfather Albert) and from the Nolan side of the tree. My grandfather was David Nolan and his father was Robert Jr and his mother was Margaret Redbreast Saunders.

Since 1992 when MCFN first received Band Support Funding I was asked by our first modern day Chief, John Fletcher to assist and advise him when he traveled to various government or tribal council meetings. I then went on to become the Chief Negotiator in 1997 when Shirley Horn was Chief. I was elected Chief in 2001 and served three consecutive terms, ending in 2010.

Since I left politics in 2010 I have been working for a mining company, Noront Resources first as VP, Aboriginal Affairs and now as VP, Government Affairs. I have overseen negotiations with our community partners, lobbied federal and provincial government departments on policy and process with our work in the north.

The first meeting I attended was on August 8 in Toronto with MCFN team (including Chief and Council) and Maurice Law and Canada's Negotiation team. MCFN had two expert witnesses present on loss of revenue on mining activities since 1905 and the loss of revenue that MCFN has been subjected to while other communities have received support funding for community based programs over many years.

I have been part of the TLE discussions from 1997 until

Canada pulled funding in 2008. Discussions at that time with Canada's negotiator was very strained. It was clearly apparent that his mandate was to minimize any payment that the government of Canada had to make to MCFN.

The meeting on August 8 had a very different feel to it. Canada's negotiator and his team were engaged in creating a path forward with MCFN, openly discussing their need to have the information to back up our losses. It felt like a very positive and meaningful discussion. They are open to receive more information from MCFN that will support our claim. I am looking forward to being with the team as we work towards settling our outstanding TLE.

I attended the Annual Gathering at Island View Camp as Maurice Law presented to the members on the TLE negotiations. It was good to see and talk to many MCFN members who I haven't seen in person for a few years. During the presentation I heard from a few members who expressed their concerns regarding what MCFN has lost over the years due to the neglect of the federal government.

Some of the concerns raised included the following:

### Outstanding losses:

- Cost to bring our members together (because we had to leave our land)
- o Loss of culture (how do you put monetary value of this)
- o Loss of language

### Negotiation concerns:

some expressed concerns about what is different this time around

While I cannot answer the questions regarding loss values, I know that the difference between what we experienced almost 9 years ago and today is very different. I am hopeful that we will continue to move our TLE claim forward towards a resolution sooner than later. Our members deserve resolution soon.

Regards, Glenn Nolan

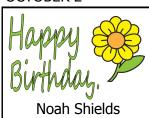


# October Birthday Greetings

### OCTOBER 1



OCTOBER 2

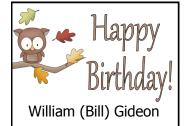


OCTOBER 3



Rona Marie Fletcher **Peter Saunders** 

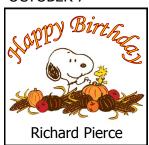
### OCTOBER 5



### OCTOBER 6



OCTOBER 7



OCTOBER 8



OCTOBER 9



Marie Ann Caron-Tyler Clafton Stanley Fletcher Margaret K. Nolan

OCTOBER 11



OCTOBER 13



OCTOBER 14



Dana Mitchum

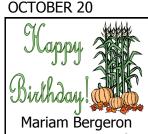
OCTOBER 17



**Brendon MacLeod** 

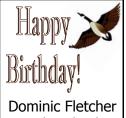
OCTOBER 19





Donna Lynn Ruth Madison Fletcher

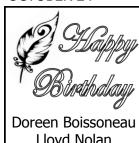
### OCTOBER 22



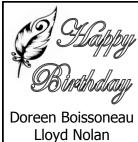
**Douglas Fletcher** Natasha Bergeron

OCTOBER 23





OCTOBER 24



OCTOBER 25



OCTOBER 26



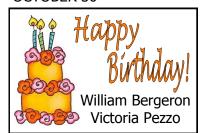
### OCTOBER 27



OCTOBER 29



### OCTOBER 30



### OCTOBER 31



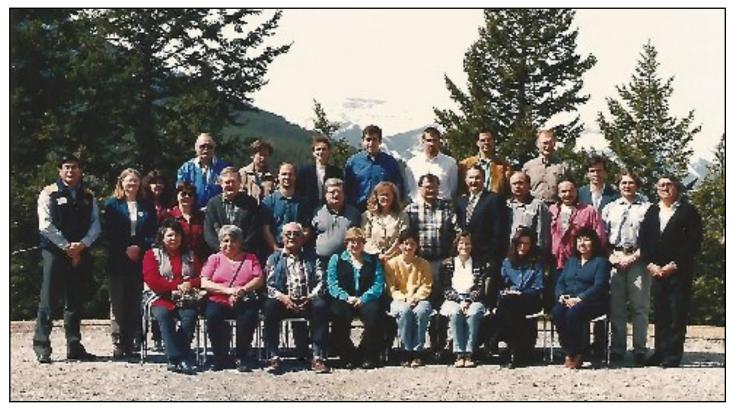
# MCFN Events Calendar

|               | SUN   | MON                      | TUE                                  | WED  | THU   | FRI  | SAT                                     |
|---------------|---|--------------------------|--------------------------------------|--|---|--|---|
| SE            |   | o paoo :<br>rds start to |                                      | please <b>re</b><br>classes/ v   | ng purposes, egister for all vorkshops by ri at Ext. 238.                     | 1<br>Community<br>Garden<br>10-12 pm                   | 2                                       |
| PHEZBER NO 17 | 3   | 4<br>Labour Day          | 5<br>Sewing Circle<br>6-9 pm<br>IFC  | 6  | 7   | 8<br>Community<br>Garden<br>10-12 pm                   | 9                                       |
|               | 10<br>Sweat Lodge<br>8:00 pm<br>Call Terri for<br>ride or<br>directions | 11                       | 12<br>Sewing Circle<br>6-9 pm<br>IFC | 13 <u>Elders Tea</u><br>12-1 pm<br>Band Office<br>Indian Taco Menu<br><u>Beading</u> 6-9 pm<br>MCFN Boardroom        | 14  | 15<br>Community<br>Garden<br>10-12 pm                  | 16                                      |
|               | 17<br>Public Swim<br>1-3 pm<br>John Rhodes<br>Centre                    | 18                       | 19<br>Sewing Circle<br>6-9 pm<br>IFC | 20<br>Beading 6-9 pm<br>MCFN Boardroom   | 21<br>HUB Sharing<br>Circle<br>MCFN Boardroom<br>6:00 pm<br>Snacks provided   | 22<br>Autumn begins<br>Community<br>Garden<br>10-12 pm | 23                                      |
|               | 24<br>Sweat Lodge<br>8:00 pm<br>Public Swim<br>1-3 pm<br>John Rhodes    | 25                       | 26<br>Sewing Circle<br>6-9 pm<br>IFC | 27<br>Beading 6-9 pm<br>MCFN Boardroom   | 28  | 29<br>Community<br>Garden<br>10-12 pm                  | 30                                      |
|               | SUN   | MON                      | TUE                                  | WED  | THU   | FRI  | SAT                                     |
| OUHOBER NOIN  | 1<br>Public Swim<br>1-3 pm<br>John Rhodes                               | 2                        | 3<br>Sewing Circle<br>6-9 pm<br>IFC  | 4<br>Beading 6-9 pm<br>MCFN Boardroom  | 5   | 6  | 7                                       |
|               | 8<br>Public Swim<br>1-3 pm<br>John Rhodes<br>Centre                     | 9<br>Thanksgiving<br>Day | 10<br>Sewing Circle<br>6-9 pm<br>IFC | 11<br>Beading 6-9 pm<br>MCFN Boardroom   | 12<br>Healthy Snacks<br>After 1 pm  | 13   | 14                                      |
|               | 15<br>Public Swim<br>1-3 pm<br>John Rhodes<br>Centre                    | 16                       | 17<br>Sewing Circle<br>6-9 pm<br>IFC | 18 Elders Tea<br>12-1pm<br>Band Office<br>Pulled pork menu<br>Beading 6-9 pm<br>MCFN Boardroom                       | 19<br>Drone exhibition<br>with Isabell<br>Souliere<br>Time & location:<br>TBA | 20   | 21                                      |
|               | 22<br>Public Swim<br>1-3 pm<br>John Rhodes                              | 23                       | 24<br>Sewing Circle<br>6-9 pm<br>IFC | 25<br>Craft Class<br>Board Room<br>Time TBA  | 26  | 27   | 28<br>Halloween<br>Party<br>Details TBA |
|               | 29<br>Public Swim<br>1-3 pm<br>John Rhodes<br>Centre                    | 30                       | 31<br>Hallowe'en                     | Pi a 00 moo Peesim  Migration south Moon  For updates, please check our website or FB page, or call the Band Office. |   |  |   |





MCFN Council at the AFN 19th General Assembly, Toronto, ON June 1998 From left to right: Councillor Jackie Fletcher, Councillor Archie Nolan, and Chief Shirley Horn



Specific Claims Training at the Turn of the Century, Banff Alberta. April 1998
Archie Nolan - back row, first on the left
Glenn Nolan - 2nd row, fourth from right, pink shirt and braids
Shirley Horn - 1st row, first from the left
Jackie Fletcher - 1st row, second from the left

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# Bridging the Gap between Elders and Youth

To start the processing of bridging the gap between youth and elders, we can begin with simply sharing our skills and knowledge with each other.

Below is a list of activities, which can be done at the Band Office, at the Gathering, or anywhere that people feel comfortable. Some of these activities might be better done out in the bush. Some of these activities could involve learning about technology and social media.

Elder Teacher / Elder Student

# Skill/Knowledge Sharing

Youth Student / Youth Teacher

Some activities can be done throughout the year and at any time. These activities may include cultural teachings, land-based activities, language camps, and ceremonies or any ideas you can bring forward so that our traditions, values, and way of life are not lost. We must start to think in terms of seven generations ahead.

| ACTIVITY                                       | TEACHER      | WHERE DO YOU LIVE | LEARNER | WHERE DO YOU LIVE |
|--|--------------|-------------------|---------|-------------------|
| How to make a fire outside                     | June, e.g.   | SSM               |         |                   |
| How to look for a rabbit trail/make a snare    |              |                   |         |                   |
| How to get in a canoe/paddle a canoe           |              |                   |         |                   |
| How to track an animal/set a trap/call a moose |              |                   |         |                   |
| Trapping/Hunting/Fishing                       |              |                   |         |                   |
| Shelter building                               |              |                   |         |                   |
| How to make bannock                            |              |                   |         |                   |
| How to make tea outside                        | Ivan, e.g.   | SSM               |         |                   |
| Bear & moose watching                          |              |                   |         |                   |
| Butchering a moose                             |              |                   |         |                   |
| Gardening                                      |              |                   |         |                   |
| Chainsaw certification                         |              |                   |         |                   |
| Facebook/Twitter/Instagram                     | Robert, e.g. | SSM               |         |                   |
| Power Point /Word/Excel/Outlook/Publisher 2016 |              |                   |         |                   |
| Email  |              |                   |         |                   |
| Cell phone features/ texting                   | Robert, e.g. | SSM               |         |                   |

This is only a partial list of possible activities. If you are interested in learning or sharing (teaching) any of the skills listed, or if you have a skill or knowledge that you would like to share (teach), please call or email, and let me know. We can work together and come up with a plan of how to make this happen.

Jackie Fletcher, Youth/Elder Coordinator.

Phone: 705-254-2702, ext. 237 or Email: jfletcher@missananbiecree.com.

# YOUTH CONTACT/CONSENT FORM (Age 12 and over)

| VAME   |   |
|--|---|
| First  | Last  |
| Date of Birth:   |   |
| ADDRESS  |   |
| Preferred contact:  O Phone:   |   |
| Email:   | <del></del>   |
| ◯ Facebook:  |   |
| Other:   |   |
| I agree to provide this information to I<br>grams, youth projects, and any activit | Missanabie Cree First Nation to contact me for pro-<br>y that requires youth. |
| Signature:   |   |

Please give completed form to June Markie at the Gathering or send to the band office by email to <a href="mailto:jmarkie@missanabiecree.com">jmarkie@missanabiecree.com</a> or by regular mail to 559 Queen Street East, Sault Ste. Marie, ON P6A 2A3

Requested by Elder/Youth Coordinator - Jackie Fletcher

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# ELDER CONTACT/CONSENT FORM (55 AND OVER)

| NAME  |   |
|---|---|
| First   | Last  |
| Date of Birth:  |   |
| ADDRESS   |   |
| Comparising Control of the contro |   |
| l agree to provide this informatio<br>grams, Elder projects, and any a  | n to Missanabie Cree First Nation to contact me for pro-<br>ctivity that requires Elders. |
| Signature:  | ·   |

Give completed form to June Markie at the Gathering or send to the band office by email to jmarkie@missanabiecree.com or by regular mail to 559 Queen Street East, Sault Ste. Marie, ON P6A 2A3

Requested by Elder/Youth Coordinator - Jackie Fletcher

# Culture and Traditions

Images from the newly launched website for youth: cultureforlife.ca

"IT IS SAID THAT WHAT THE GREAT SPIRIT GAVE
TO HIS/HER CHILDREN TO LIVE IN THIS
PHYSICAL WORLD IN A GOOD WAY, WAS GIVEN
FOREVER."

- Elder Jim Dumont

# CONNECT WITH CULTURE

A site for Indigenous Youth who know the value of culture and living their best life, but need a little help getting there.



### WATCH THE VIDEOS









# Opportunities for Students

# CALL FOR APPLICATIONS



# PRESIDENT'S INDIGENOUS PEOPLES SCHOLARS PROGRAM

In keeping with the findings of the Truth and Reconciliation Commission and the Universities Canada Principles of Indigenous Education, the University of Windsor has established the **President's Indigenous** Peoples Scholars Program.

In response to the historical under-representation of Indigenous peoples in leadership roles on campus, the University has allocated five tenure-track faculty positions for the appointment of Indigenous scholars.

The University seeks applications from scholars in all disciplines who self-identify as First Nations, Métis, or Inuit.

This program is intended to:

Advance the academic careers of Indigenous scholars.

Increase the strength and diversity of Indigenous voices and stimulate dialogue about indigeneity on our campus.

Expand the community of qualified, promising Indigenous scholars on campus.

Support and enhance Indigenous educational leadership at the University.

Foster greater intercultural engagement among Indigenous and non-Indigenous students, faculty, and staff.



For further information or to apply, visit GoToCareers.ca/UWindsor

For specific inquiries, email UWindsor@GoToCareers.ca

# Employment Opportunities

Job Re-Posted

### **Band Administrative Assistant**

Deadline: October 2, 2017 by 12:59 pm

One-Year Contract Start Date: October 16, 2017

Missanabie Cree First Nation is looking for an administrative assistant to perform a variety of tasks. Duties will include daily office administration, providing support to managers and senior staff, utilizing project tracking (eg.spreadsheets), daily assistance to Band administrator as required.

### Qualifications:

The successful applicant should have a post-secondary education in a related field (Office Administration, Business, Human Resources) or a minimum of two (2) years' experience in a related type of employment.

The successful candidate should possess the following skills and criteria:

- Well organized with proven time management skills (Event planning would be an asset)
- Excellent written and oral communication skills.
- Ability to work as part of a team as well as independently
- Proficient in the use of Microsoft Office (Email, PowerPoint, Word, Excel)

CPIC REQUIRED upon request

### **Duties/Requirements:**

- Manage phone calls and correspondence (emails, letters, etc.)
- Submit timely reports and prepare presentations and proposals as assigned
- Assist with agendas, travel arrangements, appointments etc. of upper management
- Support budgeting and bookkeeping procedures
- Assist with personal/human resources recruitment and documentation
- Records Management (establishing and maintaining office filing system)
- Monitor and evaluate projects as requested providing a project report to the Band Administrator
- Conduct research and provide reports
- Aiding in the creation of proposals and reports

Other duties as required

To apply for this position, please drop off your cover letter, resume in person at:

559 Queen St. East Sault Ste Marie, ON, P6A 2A3 By email to jmarkie@missanabiecree.com or

by Fax 705-254-3292 Attention: June Markie

# MCFN Membership

Our mailing list for the Bear Fax newsletter is being revised so that only one newsletter is sent to one address, and is part of an effort to reduce costs. However, if you wish to receive your own personal copy of Bear Fax, and you are part of another household, please send me a request and I will add your name to the mailing list.

Office Hours: Tuesdays/Wednesdays, 9 am to 5 pm.

Indian Status Card renewals will now be accepted from non-band members. A fee will be charged upfront for this service. Notices will be forwarded to local native organizations.

Members, please keep your address up-to-date, by filling out the change of address form below so you don't miss out on pertinent information regarding band business.

PLEASE NOTE: <u>I CANNOT RECEIVE ANY</u>
CHANGE OF ADDRESS FROM ANYONE ELSE;
ONLY FROM THE PERSON INVOLVED, the reason being, anyone can call in and report an address change without their knowledge. Please use the change of address form <u>below</u> and mail or fax it to Missanabie Cree First Nation or call or email Ted Ouellet.

Names of deceased members are not removed from the band voter's list unless the information is provided to Aboriginal Affairs. Anyone with funeral information (i.e. name of funeral home/location), date of death, a death certificate, or anyone who can be contacted for this information, please call or leave a message with Ted Ouellet at the MCFN Band Office.

Miigwech., Ted Ouellet



# MISSANABIE CREE FIRST NATION CHANGE OF ADDRESS FORM - - For Band Members

| SURNAME                             |    |
|-------------------------------------|----|
| First Name and 2 <sup>nd</sup> Name |    |
| ALIAS/BAND#                         |    |
| DATE RECEIVED                       | £! |
| NEW ADDRESS                         |    |
| CITY/PROVINCE                       |    |
| POSTAL CODE                         |    |
| E-MAIL ADDRESS                      |    |
| TELEPHONE #                         |    |
| SIGNATURE                           |    |

**BEAR FAX** September 2017 Page 27 A o paoo Peesim

### CONTACT AND OTHER INFORMATION

### MISSANABIE CREE FIRST NATION

174B HWY 17B SATELLITE OFFICE: Phone: 705-254-2702 Garden River, ON Toll Free: 1-800-319-3001 559 Queen St. E.

P6A 6Z1 Sault Ste. Marie, ON P6A 2A3 Fax: 705-254-3292

**MCFN Chief & Council** 

cmcleod@missanabiecree.com

Inolan@missanabiecree.com

Reception June Markie ex. 221

Jason Gauthier, Chief, ex. 231 **Councillor Michael Nolan** Laura Lee Rawlyk, Elder Liaison jgauthier@missanabiecree.com mnolan@missanabiecree.com lrawlyk@missanabiecree.com

www.missanabiecreefn.com

jmarkie@missanabiecree.com

plesage@missanabiecree.com

ifox@missanabiecree.com

Representative

Cory McLeod, Deputy Chief, ex.504 **Councillor Chelsie Parayko** Alexandra Langford-Pezzo, Youth

cparayko@missanabiecree.com apezzo@missanabiecree.com **Councillor Les Nolan Councillor Shawn Pine** spine@missanabiecree.com

### **MCFN Staff**

Band Administrator Doreen Boissoneau ex. 222 dboissoneau@missanabiecree.com

Bookkeeper Louise Campbell ex. 224 lcampbell@missanabiecree.com

Program Development Lesley Gagnon ex. 226

Igagnon@missanabiecree.com Executive Assistant Shereena Campbell ex. 235 scampbell@missanabiecree.com Registration Administrator Ted Ouellet ex. 228 touellet@missanabiecree.com

Post-Secondary Education Officer Deb Clement ex. 227 dclement@missanabiecree.com Governance Coordinator Elizabeth Angeconeb ex. 230 eangeconeb@missanabiecree.com

Family Support Worker Patricia Lesage ex. 223 Assistant Manager, IVC Intern Ivan Fox ex. 236 Family Well-being Worker Terri Montgomery ex. 238 tmontgomery@missanabiecree.com

Elder/Youth Coordinator Jackie Fletcher ex. 237 jfletcher@missanabiecree.com Community Development Coordinator Gloria Harris ex. 245 gharris@missanabiecree.com CBA Implementation Coordinator Stephen Hawkins ex. 241

shawkins@missanabiecree.com Historical Researcher/Administrative Assistant Deb Rogoschensky ex. 243 drogoschensky@missanabiecree.com Economic Development Officer Dalton MacFarlane ex. 242 dmacfarlaine@missanabiecree.com

First Nations and Stakeholder Engagement Assistant Riley Smith ex. 240 riley@beartrain.ca

### **MUSHKEGOWUK COUNCIL STAFF**

Audrey Bateson

Environmental Steward Isabell Souliere ex. 229 isabellsouliere@mushkekgowuk.ca Community Youth Worker Lisa Souliere ex. 244 Isouliere mcfn@hotmail.com

**ELDERS COUNCIL** Gloria Harris GOVERNANCE COORDINATING COMMITTEE (GCC)

Kyle Bateson Jackie Fletcher Debbie Ewing Victoria Pezzo Diane Astle Shirley Horn

COMPREHENSIVE COMMUNITY PLANNING Kathy Beaudry Cheryl Macumber STEERING COMMITTEE (CCPSC)

Fran Luther

Cathy Clement Carol Nolan Neil Ewing Broderick (BG) Fletcher Jackie Fletcher Shirley Horn

**Deborah Ewing** Marion Nolan Glad Fletcher-Hawkins Terri Lou Fletcher JoAnn Pezzo

Broderick Fletcher Jo Ann Pezzo

MCDC BOARD D'Arcy Fletcher Kim Rainville Gloria Harris Marion Nolan Cathy Clement Jackie Fletcher Laura-Lee Rawlvk Dave Easton JoAnn Pezzo Shirley Horn

Glad Fletcher-Hawkins Pamela Rew **BG** Fletcher Cheryl Macumber

### **VISION STATEMENT OF THE MISSANABIE CREE**

We are the Anishnabe of the Missanabie Cree First Nation whose vision is to have a united and self-governing body that will determine our destiny guided by the seven laws.

We have a vision of a leadership that is open, honest, trustworthy;
a leadership with conviction, accessible to the people;
a leadership that is progressive yet respectful of our traditions, values and beliefs;
a leadership with confidence, always watchful and assertive
in protecting and preserving the treaty and aboriginal rights of our people;
a leadership that is directed by our people
and with exclusive accountability to our people and our people alone.

We have a vision of our community re-established on the traditional lands
that were once the homeland of our ancestors
where institutions of our government, economy and education can once again thrive.

We have a vision of a people where individuals and families can stand strong and find healing through tradition and spirituality; individuals and families who are loving and compassionate.

We have a vision of a people who are bi-cultural and bi-lingual; a people who can walk in both worlds contributing to our well-being, the well-being of our brother and sister First Nations; contributing and competing globally.

We have a vision of a Nation of people who respect the dignity of all; a people who find balance through equality of all ages, male and female alike.

We have a vision of people who respect the environment, harvesting and reaping the resources of the land in a sustainable manner as responsible stewards for the use of future generations.

We are the Anishnabe of the Missanabie Cree First Nation whose vision it is to regain and restore our rightful place and through the strength of our people, never again be denied our place in society.

September 20, 1998